

Mens Rankings 2010

U11 Boys

<u>Event</u>	<u>Athlete</u>	<u>Time/Dist</u>	<u>Meeting</u>	<u>Venue</u>	<u>CR</u>
80m	Ben Skinner	12.48	Berry Hill Open	Mansfield	
	Luke Cherrie	13.6	Cleethorpes Open	Cleethorpes	
600m	Ben Skinner	1.58.3	Lincs League 3	Grantham	
800m	Ben Skinner	1.58.7	Lincs League 2	Grantham	
LJ	Ben Skinner	3.56m	Berry Hill Open	Mansfield	
	Luke Cherrie	3.12m	Cleethorpes Open	Cleethorpes	
	Oliver Jackson	2.74m	Lincs League 2	Grantham	

Mens Rankings 2010

U13 Boys

<u>Event</u>	<u>Athlete</u>	<u>Time/Dist</u>	<u>Meeting</u>	<u>Venue</u>	<u>CR</u>
100m	Fraser McDowall	12.9	NYAL 4	Sheffield	=✓
	Harry Cain	13.7	Lincs League 3	Grantham	
	Toby Usher	14.0	County Champs	Grantham	
	Daniel Skinner	14.4	County Champs	Grantham	
	Jo Dawson-Meadows	18.0	NYAL 4	Sheffield	
200m	Daniel Skinner	28.4	NYAL 4	Sheffield	
	Toby Usher	28.9	County Champs	Grantham	
	Fraser McDowall	29.3	Lincs League 2	Grantham	
800m	Daniel Skinner	2.25.3	NYAL 4	Sheffield	
	Harry Cain	2.36.9	Charnwood Open	Loughborough	
	Joe Shuttleworth	2.37.0	County Champs	Grantham	
	Declan Dickinson	2.41.9	Lincs League 2	Grantham	
1500m	Joe Shuttleworth	5.11.2	NYAL 3	Hull	
	Declan Dickinson	5.17.0	NYAL 1	Blackburn	
	Billy Onians	5.27.3	NYAL 3	Hull	
75mH	Fraser McDowall	12.9	NYAL 4	Sheffield	✓
	Daniel Skinner	15.1	NYAL 4	Sheffield	
HJ	Toby Usher	1.35m	NYAL 4	Sheffield	
	Joe Shuttleworth	1.30m	NYAL 3	Hull	
	Harry Cain	1.25m	Lincs Lge 3	Grantham	
	Fraser McDowall	1.20m	Lincs Lge 3	Grantham	
	Declan Dickinson	1.15m	NYAL 3	Hull	
LJ	Fraser McDowall	4.49m	Berry Hill Open	Mansfield	
	Toby Usher	4.38m	NYAL 3	Hull	
	Joe Shuttleworth	3.67m	Ingram Summer Lge	York	
	Declan Dickinson	3.44m	County Champs	Grantham	
Javelin	Declan Dickinson	20.07m	County Champs	Grantham	
Shot	Joseph Shuttleworth	6.01m	Cleethorpes Open	Cleethorpes	
	Jo Dawson-Meadows	5.52m	NYAL 4	Sheffield	
	Fraser McDowall	5.28m	NYAL 2	Spinkhill, Sheffield	
	Declan Dickinson	4.87m	NYAL 3	Hull	

4 x 100m	?	57.7	Lincs Lge 3	Grantham	
4 x 200m	Fraser McDowall Toby Usher Declan Dickinson Daniel Skinner	2.08.5	Lincs League 2	Grantham	✓

Mens Rankings 2010

U15 Boys

<u>Event</u>	<u>Athlete</u>	<u>Time/Dist</u>	<u>Meeting</u>	<u>Venue</u>	<u>CR</u>
100m	Bradley Wilson	12.0	County Schools	Boston	
	Joseph Wood	12.7	NYAL 3	Hull	
	Suleiman Twahir	13.1	Lincs Lge 3	Grantham	
	Alex Humberstone	13.2	NYAL 4	Sheffield	
	Jack Harper	13.3	NYAL 4	Sheffield	
	Haran Dunderdale	13.3	Charnwood Open	Loughborough	
	Josh Drotleff	13.7	County Champs	Grantham	
150m	Haran Dunderdale	20.8	Winter Warm Up	Scunthorpe	✓
200m	Bradley Wilson	25.6	County Champs	Grantham	
	Alex Humberstone	26.8	NYAL 4	Sheffield	
	Jack Harper	27.4	County Champs	Grantham	
	Suleiman Twahir	27.4	Lincs Lge 3	Grantham	
	Joseph Wood	27.6	County Champs	Grantham	
	Josh Drotleff	28.0	County Champs	Grantham	
	Dion Harrison	31.19	Berry Hill Open	Mansfield	
	Max Chapman	32.58	Berry Hill Open	Mansfield	
400m	Dylan Love	59.8	NYAL 1	Blackburn	
	Alex Humberstone	60.1	County Schools	Boston	
	Dion Harrison	60.4	NYAL 1	Blackburn	
	Oliver Fluck	62.9	NYAL 3	Hull	
	Haran Dunderdale	66.5	NYAL 2	Spinkhill, Sheffield	
	Jack Harper	66.5	NYAL 4	Sheffield	
	Michael Harper	67.6	NYAL 3	Hull	
	Max Chapman	74.23	Berry Hill Open	Mansfield	
	800m	Haran Dunderdale	2.09.1	NYAL 4	Sheffield
Dylan Love		2.12.6	County Champs	Grantham	
Dion Harrison		2.35.3	Berry Hill Open	Mansfield	
Michael Harper		2.38.5	NYAL 3	Hull	
Max Chapman		2.47.2	Lincs Lge 3	Grantham	
1000m		Haran Dunderdale	2.54.5	Winter Warm Up	Scunthorpe
1500m	Haran Dunderdale	4.19.34	Watford Open	Watford	✓
	Dylan Love	4.34.9	County Schools	Boston	
	Dion Harrison	5.30.8	Lincs League 2	Grantham	
	Max Chapman	5.36.1	NYAL 3	Hull	
Mile	Haran Dunderdale	4.46.0	Tim Wealthall Open	Notingham	✓
3000m	Haran Dunderdale	9.45.9	Open Meeting	Mansfield	✓
	Dylan Love	10.09.2	Lincs League 1	Grantham	
	Joe Wilkinson	10.52.55	Berry Hill Open	Mansfield	
80mH	Bradley Wilson	13.2	NYAL 3	Hull	

	Haran Dunderdale	13.80	Lincs AA/Sch Comb.	Lincoln	
HJ	Haran Dunderdale	1.52m	Lincs AA/Sch Comb.	Lincoln	
	Oliver Fluck	1.40m	NYAL 3	Hull	
	Max Chapman	0.95m	Lincs League 1	Grantham	
LJ	Haran Dunderdale	4.69m	Anglian Sch Comb	Chelmsford	
	Jack Harper	4.67m	NYAL 4	Sheffield	
	Alex Humberstone	4.60m	NYAL 3	Hull	
	Joseph Wood	4.38m	NYAL 3	Hull	
	Josh Drotleff	4.27m	Lincs Lge 3	Grantham	
	Bradley Wilson	4.05m	County Champs	Grantham	
	Max Chapman	3.23m	Lincs Lge 3	Grantham	
	Dion Harrison	2.74m	NYAL 4	Sheffield	
TJ	Alex Humberstone	10.06m	County Champs	Grantham	
	Daniel Flemming	9.53m	County Schools	Boston	
	Max Chapman	7.26m	County Champs	Grantham	
Shot	Haran Dunderdale	9.71m	Anglian Sch Comb	Chelmsford	
	Daniel Flemming	7.61m	Charnwood Open	Loughborough	
	Alex Humberstone	6.54m	NYAL 3	Hull	
	Josh Drotleff	5.86m	NYAL 2	Spinkhill, Sheffield	
Discus	Daniel Fleming	31.62m	Charnwood Open	Loughborough	
Javelin	Jay-T Warden	40.42m	County Schools	Boston	
	Bradley Wilson	31.65m	NYAL 3	Hull	
	Haran Dunderdale	30.96m	County Schools	Boston	
	Josh Drotleff	14.87m	NYAL 2	Spinkhill, Sheffield	
PV	Haran Dunderdale	2.20m	NYAL 4	Sheffield	
	Daniel Flemming	1.90m	NYAL 4	Sheffield	
Pentathlon	Haran Dunderdale	2241pts	Anglian Sch Comb	Chelmsford	✓
4 x 100m	Alex Humberstone				
	Joseph Wood				
	Haran Dunderdale				
	Bradley Wilson		51.7	NYAL 3	Hull

Mens Rankings 2010

U17 Men

<u>Event</u>	<u>Athlete</u>	<u>Time/Dist</u>	<u>Meeting</u>	<u>Venue</u>	<u>CR</u>
100m	Nathan McClure	12.0	County Schools	Boston	
	Sam Perks	12.0	NYAL 4	Sheffield	
	Sam Chapman	12.1	Charnwood Open	Loughborough	
	Daniel Haines	12.2	NYAL 3	Hull	
	James Bermingham	12.4	NYAL 1	Blackburn	
	Callan Dawson-Meadows	12.5	NYAL 4	Sheffield	
	Richard Brine	12.9	Humberside League 3	Hull	
	Elliott Dodd	13.2	Lincs League 1	Grantham	
	Sam Shuttleworth	13.4	Ingrams Summer Lge	York	
	Josh Malia	13.6	NYAL 1	Blackburn	
Luke Martin	14.6	County Champs	Grantham		
200m	Sam Perks	24.2	NYAL 4	Sheffield	
	Sam Chapman	24.76	Trafford GP	Stretford	
	Daniel Haines	24.9	NYAL 3	Hull	
	Lewis Goddard	25.3	Lincs Lge 3	Grantham	
	James Bermingham	25.4	County Champs	Grantham	
	Richard Brine	25.6	Humberside League 3	Hull	
	Harry Baxter	25.9	Charnwood Open	Loughborough	
	Luke Martin	30.10	Lincs League 2	Grantham	
400m	Lewis Goddard	52.8	Northern League 3	Rotherham	
	Sam Chapman	55.1	Keepmoat Open	Doncaster	
	Richard Brine	55.12	Trafford GP	Stretford	
	Sam Shuttleworth	56.1	Cleethorpes Open	Cleethorpes	
	Harry Baxter	56.5	Charnwood Open	Loughborough	
	Elliott Dodd	60.6	Lincs Lge 3	Grantham	
	Josh Houlden	60.90	Lincs AA/Sch Comb.	Lincoln	
	Josh Malia	67.3	NYAL 1	Blackburn	
	Luke Martin	72.4	County Champs	Grantham	
800m	Richard Brine	2.04.80	Trafford Open	Manchester	
	Sam Shuttleworth	2.07.1	County Champs	Grantham	
	Lewis Goddard	2.08.6	Lincs Lge 3	Grantham	
	Adam Baker	2.09.2	Lincs Lge 3	Grantham	
	Harry Baxter	2.10.2	NYAL 3	Hull	
	Jack Culpin	2.10.9	County Schools	Boston	
	Sam Chapman	2.13.3	Charnwood Open	Loughborough	
	Luke Martin	2.41.3	County Champs	Grantham	
1500m	Sam Shuttleworth	4.19.25	Watford Open	Watford	
	Richard Brine	4.25.62	Watford Open	Watford	
	Adam Baker	4.35.4	County Champs	Grantham	
	Sam Chapman	4.45.05	Open Meeting	Watford	
	Harry Baxter	4.54.6	County Champs	Grantham	
	Anthony Read	5.01.1	NYAL 4	Sheffield	
	Josh Houlden	5.54.3	Lincs AA/Sch Comb.	Lincoln	

3000m	Sam Shuttleworth Adam Baker	9.59.9 10.10.9	Ingrams Summer Lge Lincs League 1	York Grantham	
1500m S/C	Adam Baker	5.16.6	NYAL 4	Sheffield	
100mH	Josh Houlden	17.8	County Champs	Grantham	
Javelin	Jack Edmondson Sam Chapman Elliott Dodd Luke Martin Anthony Read	40.95m 20.65m 16.07m 12.56m 8.03m	County Schools NYAL 2 Lincs League 1 Lincs League 1 NYAL 4	Boston Spinkhill, Sheffield Grantham Grantham Sheffield	
Hammer	Dominic Sykes	57.09m	Woodford Green	Woodford	✓
PV	Nathan McClure	3.41m	County Schools	Boston	✓
HJ	Josh Houlden Sam Shuttleworth Harry Baxter	1.62m 1.50m 1.40m	Lincs AA/Sch Comb. NYAL 4 NYAL 4	Lincoln Sheffield Sheffield	
TJ	Callam Dawson-Meadows	10.93m	NYAL 4	Sheffield	
Discus	Josh Houlden Dominic Sykes Richard Brine Jack Culpin	21.73m 20.16m 15.49m 7.18m	Lincs AA/Sch Comb. NYAL 3 NYAL 4 NYAL 1	Lincoln Hull Sheffield Blackburn	
Shot	Dominic Sykes Josh Houlden Adam Baker Anthony Read Sam Shuttleworth	10.46m 8.40m 7.15m 6.16m 5.60m	NYAL 3 Lincs AA/Sch Comb. NYAL 1 NYAL 4 NYAL 3	Hull Lincoln Blackburn Sheffield Hull	
LJ	Sam Perks Sam Chapman Richard Brine Josh Houlden Callan Dawson-Meadows Daniel Haines	5.42m 5.22m 4.91m 4.90m 4.63m 4.58m	NYAL 4 County Champs NYAL 1 Lincs AA/Sch Comb. NYAL 2 NYAL 4	Sheffield Grantham Blackburn Lincoln Spinkhill, Sheffield Sheffield	
Octathlon	Joshua Houlden	2540pts	Lincs AA/Sch Comb.	Lincoln	
4 x 100m	Sam Perks Sam Chapman Daniel Haines Callam Dawson	47.6	NYAL 4	Sheffield	
4 x 400m	Sam Shuttleworth Jack Culpin Adam Baker James Bermingham	3.54.2	NYAL 1	Blackburn	

Mens Rankings 2010

U20 Men

<u>Event</u>	<u>Athlete</u>	<u>Time/Dist</u>	<u>Meeting</u>	<u>Venue</u>	<u>CR</u>
100m	Matthew Houlden	11.4	NJL 4	Doncaster	
	Neil Humberstone	11.5	Northern League 2	Hull	
	Chris Leslie	11.5	County Schools	Boston	
	Joe Dunderdale	11.8	Charnwood A.C.	Loughborough	
	Henry Naughton	13.3	NoEAA League 1	Doncaster	
200m	Neil Humberstone	22.9	County Schools	Boston	
	Matthew Houlden	23.5	County Champs	Grantham	
	Chris Leslie	24.0	NoE Play offs	Cudworth	
	Henry Naughton	26.7	Charnwood Open	Loughborough	
400m	Matthew Houlden	50.2	Anglian Sch Comb	Chelmsford	
	Neil Humberstone	51.1	County Schools	Boston	
	Tom Straw	53.6	Lincs Lge 3	Grantham	
	Joe Dunderdale	53.8	Anglian Sch Comb	Chelmsford	
	Ian Maplethorpe	54.7	Northern League 3	Rotherham	
	Chris Leslie	54.8	County Champs	Grantham	
	Shane Robinson	55.0	Lincs Lge 3	Grantham	
	Henry Norton	56.8	Charnwood A.C.	Loughborough	
	800m	Tom Straw	1.58.0	County Champs	Grantham
Shane Robinson		1.58.15	Trafford Open	Stretford	
Ronnie Wilson		1.58.7	Northern League 2	Hull	
Chris Woodger		1.59.47	BMC GP	Cardiff	
Sam Atkin		2.00.3	Cleethorpes Open	Cleethorpes	
Josh Spering		2.00.96	Trafford Open	Manchester	
Stuart Campbell		2.02.35	Trafford GP	Stretford	
Ian Maplethorpe		2.02.9	Northern League 4	Scunthorpe	
Jacob Wright		2.04.49	Trafford Open	Manchester	
Jack Cornwell		2.17.2	Open Meeting	Mansfield	
Ryan Stephenson		2.18.2	NoEAA League 1	Doncaster	
Max Chapman		2.55.8	Open Meeting	Mansfield	
1500m	Sam Atkin	3.55.8	Northern League 4	Scunthorpe	
	Shane Robinson	3.56.90	Trafford A.C GP	Manchester	
	Tom Straw	3.57.12	BMC Grand Prix	Manchester	
	Ronnie Wilson	4.04.81	Trafford A.C GP	Manchester	
	Chris Woodger	4.06.19	Open Meeting	Watford	
	Josh Spering	4.15.14	Watford Open	Watford	
	Ian Maplethorpe	4.18.5	NJL 4	Doncaster	
	Stuart Campbell	4.26.8	NJL 4	Doncaster	
	Jacob Wright	4.40.8	County Champs	Grantham	
	Jack Cornwell	4.41.9	Charnwood Open	Loughborough	
	Ryan Stevenson	4.48.7	NoEAA League 1	Doncaster	
	Matthew Houlden	4.57.5	Anglian Sch Comb	Chelmsford	
	Joe Dunderdale	4.59.1	Anglian Sch Comb	Chelmsford	
Mile	Sam Atkin	4.15.4	Tim Wealthall Open	Notingham	
3000m	Sam Atkin	8.20.95	Trafford A.C GP	Manchester	
	Tom Straw	8.39.42	Trafford Grand Prix	Manchester	

	Shane Robinson	8.54.27	Watford Open	Watford	
	Ronny Wilson	8.56.36	Trafford Grand Prix	Manchester	
	Stuart Campbell	8.59.73	Trafford Grand Prix	Manchester	
	Ian Maplethorpe	9.10.91	Trafford Grand Prix	Manchester	
	Ryan Stevenson	10.14.4	Cleethorpes Open	Cleethorpes	
5000m	Sam Atkin	14.53.76	Northern Champs	Manchester	✓
	Ian Maplethorpe	17.20.6	Winter Warm Up	Scunthorpe	
	Ryan Stevenson	17.36.0	County Champs	Grantham	
1 mile	Chris Woodger	4.35.9	Costello Open	Hull	
1500m S/C	Stuart Campbell	4.33.3	Winter Warm Up	Scunthorpe	
	Shane Robinson	4.40.4	Lincs League 1	Grantham	
2000m S/C	Shane Robinson	6.10.69	Northern Champs	Manchester	
	Stuart Campbell	6.14.63	Northern Champs	Manchester	
	Josh Spering	8.03.1	NJL 4	Mansfield	
3000m S/C	Shane Robinson	10.05.0	Northern League 2	Hull	
	Stuart Campbell	10.26.61	NoEAA Inter C	Gateshead	
110mH	Matthew Houlden	16.1	NJL 4	Doncaster	
	Joe Dunderdale	17.7	Anglian Sch Comb	Chelmsford	
400mH	Stuart Campbell	61.06	NoEAA Inter C	Gateshead	
	Shane Robinson	61.2	Northern League 2	Hull	
	Henry Naughton	71.6	NoEAA League 1	Doncaster	
LJ	Matthew Houlden	6.53m	NJL	Scunthorpe	✓
	Joe Dunderdale	5.79m	Anglian Sch Comb	Chelmsford	
	Ian Maplethorpe	4.85m	NJL 4	Doncaster	
	Chris Leslie	4.68m	Lincs League 1	Grantham	
	Henry Naughton	4.30m	NoEAA League 1	Doncaster	
TJ	Matthew Houlden	14.50m	NoEAA League 1	Doncaster	✓
	Ian Maplethorpe	11.32m	Northern League 3	Rotherham	
Shot	Joe Dunderdale	12.85m	Anglian Sch Comb	Chelmsford	
	Matthew Houlden	10.40m	Anglian Sch Comb	Chelmsford	
Javelin	Joe Dunderdale	62.60m	English Schools	Birmingham	✓
	Matthew Houlden	36.30m	Northern League 4	Scunthorpe	
Discus	Joe Dunderdale	37.89m	Lincs Lge 3	Grantham	
	Matthew Houlden	29.70m	Anglian Sch Comb	Chelmsford	
Hammer	Henry Naughton	17.09m	NoEAA League 1	Doncaster	
HJ	Matthew Houlden	1.73m	Lincs AA/Sch Comb.	Lincoln	
	Joe Dunderdale	1.52m	Lincs AA/Sch Comb.	Lincoln	
	Ian Maplethorpe	1.40m	Northern League 3	Rotherham	

PV	Matthew Houlden	2.90m	Anglian Sch Comb	Chelmsford
	Joe Dunderdale	2.60m	Anglian Sch Comb	Chelmsford
Decathlon	Joe Dunderdale	5538pts	<u>Anglian Sch Comb</u>	<u>Chelmsford</u>
	Matthew Houlden	5502pts	Anglian Sch Comb	Chelmsford

Mens Rankings 2010

Senior Men

<u>Event</u>	<u>Athlete</u>	<u>Time/Dist</u>	<u>Meeting</u>	<u>Venue</u>	<u>CR</u>
100m	Michael White	11.6	NoE Play offs	Cudworth	
150m	Steve Gregory	17.3	Winter Warm Up	Scunthorpe	✓
200m	Michael White	24.4	Northern League 4	Scunthorpe	
400m	Steve Gregory	49.5	Northern League 2	Hull	
	Ashley Smith	54.4	NoE Play offs	Cudworth	
	Marc Afford	58.60	Lincs League 2	Grantham	
800m	Matt Bowser	1:52.12	Trafford GP	Stretford	
	Steve Gregory	1:53.00	Trafford AC G.P.	Stretford	
	Will Strangeway	1:54.3	County Champs	Grantham	
	Tom Doe	1:59.6	Northern League 3	Rotherham	
	Beren Cross	2:00.67	Trafford Open	Stretford	
	Ashley Smith	2:02.3	NoE Play offs	Cudworth	
	Paul Samways	2:08.6	Northern League 4	Scunthorpe	
	Gavin Campbell	2:13.65	Trafford GP	Stretford	
1500m	Matt Bowser	3:48.39	BMC Trafford Open	Manchester	
	Tom Doe	3:48.73	BMC Trafford Open	Manchester	
	Aaron Scott	3:59.71	BMC Trafford Open	Manchester	
	Ian Kimpton	4:06.1	Northern League 2	Hull	
	Beren Cross	4:10.10	Trafford GP	Stretford	
	Josh Stone	4:23.51	Trafford Open	Stretford	
	Paul Samways	4:25.4	Trafford Open	Manchester	
Mile	Ian Kimpton	4:21.3	Tim Wealthall Open	Nottingham	✓
3000m	Tom Doe	8:18.51	Loughborough Int.	Loughborough	
	Aaron Scott	8:22.87	Trafford Grand Prix	Manchester	
	Ian Kimpton	8:34.84	Trafford GP	Stretford	
	Paul Samways	9:51.7	Charnwood Open	Loughborough	
5000m	Tom Doe	14:27.89	BMC Grand Prix	Watford	
	Aaron Scott	14:30.74	BMC Grand Prix	Watford	
	Ian Kimpton	14:50.5	Northern League 4	Scunthorpe	
	Josh Stone	16:24.3	Northern League 4	Scunthorpe	
	Paul Samways	17:40.4	County Champs	Grantham	
3000m S/C	Tom Doe	9:01.81	BMC Grand Prix	Cardiff	✓
	Matt Bowser	9:34.4	Northern League 3	Rotherham	
	Ashley Smith	11:19.9	Northern League 4	Scunthorpe	
110mH	Marc Afford	18.4	NoE Play offs	Cudworth	

	Ryan Smith	21.1	Northern League 3	Rotherham
400mH	Ashley Smith	61.1	Northern League 4	Scunthorpe
	Marc Afford	61.5	NoE Play offs	Cudworth
	Ryan Smith	65.2	Northern League 3	Rotherham
HJ	Marc Afford	1.55m	NoEAA League 1	Doncaster
TJ	Steve Gregory	12.26m	Northern League 2	Hull
	Ryan Smith	12.12m	Northern League 3	Rotherham
LJ	Ryan Smith	5.66m	Northern League 3	Rotherham
	Ashley Smith	5.51m	Northern League 3	Rotherham
	Marc Afford	4.69m	NoE Play offs	Cudworth
Hammer	Jim Slater	21.69m	Northern League 2	Hull
Discus	Jim Slater	36.80m	NoE Play offs	Cudworth
Shot	Jim Slater	9.47m	NoE Play offs	Cudworth
4 x 100m	Chris Leslie U20			
	Neil Humberstone U20			
	Matthew Houlden U20			
	Malcolm Bramhall V50	46.1	Northern League 2	Hull
4 x 400m	Ashley Smith SM			
	Matthew Houlden U20			
	Ian Maplethorpe U20			
	Malcolm Bramhall V50	3.33.6	Northern League 4	Scunthorpe

Mens Rankings 2010

Vet Men

<u>Event</u>	<u>Athlete</u>	<u>Age</u>	<u>Time/Dist</u>	<u>Meeting</u>	<u>Venue</u>	<u>CR</u>
100m	Malcolm Bramhall	V50	12.60	Lincs League 2	Grantham	
	Geoff Powley	V45	13.0	County Champs	Grantham	
	John Moore	V55	13.60	Lincs League 2	Grantham	
	John Moore	V60	13.7	Midland Vets Ch'ps	Leicester	✓
	George Shuttleworth	V50	15.8	Lincs Lge 3	Grantham	
200m	Malcolm Bramhall	V50	25.60	Lincs League 2	Grantham	
	John Moore	V55	27.00	Lincs League 2	Grantham	
	John Moore	V60	27.5	Midland Vets Ch'ps	Leicester	✓
	George Shuttleworth	V50	32.8	Lincs Lge 3	Grantham	
400m	Malcolm Bramhall	V50	56.3	Northern League 2	Hull	
	Geoff Powley	V45	61.00	Lincs League 2	Grantham	
	John Moore	V60	62.2	Midland Vets Ch'ps	Leicester	✓
800m	Les Ball	V40	2.09.7	EVAC 2	King's Lynn	
	Jon Hughes	V55	2.19.1	Midland Vets Cps	Leicester	✓
	George Shuttleworth	V50	2.48.3	Lincs Lge 3	Grantham	
1500m	Les Ball	V40	4.20.5	Charnwood Open	Loughborough	
	Mark baddeley	V35	4.32.7	Lincs Lge 3	Grantham	
	Jon Hughes	V55	4.49.2	Charnwood Open	Loughborough	✓
	George Shuttleworth	V50	5.47.54	Festival of Athletics	Sheffield	
1 Mile	Les Ball	V40	4.39.3	Keepmoat Open	Doncaster	
3000m	Les Ball	V40	9.19.4	Lincs League 1	Grantham	✓
	Mark Baddeley	V35	9.28.78	Trafford Grand Prix	Manchester	
	Jon Hughes	V55	10.55.1	EVAC 2	King's Lynn	✓
	George Shuttleworth	V50	12.34.8	Ingrams Summer Lge	York	
5000m	Jon Hughes	V55	18.17.4	NoEAA League 1	Doncaster	✓
	George Shuttleworth	V50	21.56.0	County Champs	Grantham	
3000m S/C	Mark Baddeley	V35	10.08.0	Northern League 4	Scunthorpe	
110mH	Geoff Powley	V45	21.2	Northern League 4	Scunthorpe	
	Adrian White	V35	22.1	Northern League 3	Rotherham	
400mH	Geoff Powley	V45	70.5	Northern League 4	Scunthorpe	
HJ	Malcolm Bramhall	V50	1.65m	Lincs Lge 3	Grantham	✓
	Geoff Powley	V45	1.50m	Lincs League 2	Grantham	
	Adrian White	V35	1.40m	Northern League 4	Scunthorpe	

LJ	Geoff Powley	V45	4.61m	EVAC 1	Peterborough	
PV	Adrian White	V35	3.20m	Northern League 4	Scunthorpe	✓ = ✓
	Adrian White	V40	3.00m	NoE Play offs	Cudworth	
	Geoff Powley	V45	3.00m	Lincs Lge 3	Grantham	
	Andy Dunderdale	V40	2.30m	BAL Cup SF	Derby	
Javelin	Geoff Powley	V45	38.97m	Lincs Lge 3	Grantham	
	Andy Dunderdale	V40	33.54m	NoE Play offs	Cudworth	
Shot	Adrian White	V35	8.84m	Northern League 4	Scunthorpe	
	Geoff Powley	V45	8.59m	EVAC 1	Peterborough	
Hammer	Adrian White	V40	28.31m	NoE Play offs	Cudworth	
	Geoff Powley	V45	21.73m	Northern League 3	Rotherham	
	Andy Dunderdale	V40	12.90m	BAL Cup SF	Derby	
Discus	Adrian White	V40	29.57m	NoE Play offs	Cudworth	
	Geoff Powley	V45	27.74m	NoEAA League 1	Doncaster	

Womens Rankings 2010

U11 Girls

<u>Event</u>	<u>Athlete</u>	<u>Time/Dist</u>	<u>Meeting</u>	<u>Venue</u>	<u>CR</u>
80m	Abigail Small	12.96	Berry Hill Open	Mansfield	
	Lucy Thornton	13.32	Berry Hill Open	Mansfield	
	Isobel Mason-Powers	14.0	Lincs League 3	Grantham	
	Jasmine Ward	14.0	Lincs League 3	Grantham	
	Deanna Love	14.1	Lincs League 3	Grantham	
600m	Abigail Small	2.07.0	Lincs League 2	Grantham	
	Lucy Thornton	2.11.6	Lincs League 1	Grantham	
	Jasmine Ward	2.16.4	Lincs League 2	Grantham	
LJ	Lucy Thornton	3.34m	Berry Hill Open	Mansfield	
	Abigail Small	3.24m	Berry Hill Open	Mansfield	
	Jasmine Ward	2.87m	Lincs League 3	Grantham	
	Deanna Love	2.83m	Lincs League 3	Grantham	
	Isobel Mason-Powers	2.82m	Lincs League 3	Grantham	

Womens Rankings 2010

U13 Girls

<u>Event</u>	<u>Athlete</u>	<u>Time/Dist</u>	<u>Meeting</u>	<u>Venue</u>	<u>CR</u>
75m	Georgina Campion	11.0	NYAL 3	Hull	
	Lauren Ward	11.0	NYAL 4	Sheffield	
	Abbie Hall	11.1	NYAL 3	Hull	
	Holly Horton	11.4	NYAL 2	Spinkhill, Sheffield	
	Alex Jackson	11.8	NYAL 4	Sheffield	
100m	Lauren Ward	14.1	County Champs	Grantham	
	Georgina Campion	14.8	County Champs	Grantham	
	Holly Horton	14.9	County Champs	Grantham	
	Abbie Hall	15.1	Lincs Lge 3	Grantham	
	Georgia Hewitt	15.2	County Champs	Grantham	
	Alex Jackson	15.70	Lincs League 2	Grantham	
150m	Georgina Campion	22.5	NYAL 2	Spinkhill, Sheffield	
	Georgia Hewitt	22.5	NYAL 3	Hull	
	Holly Horton	22.9	NYAL 3	Hull	
	Alex Jackson	22.9	NYAL 4	Sheffield	
	Jennifer Owen	27.2	NYAL 1	Blackburn	
200m	Georgia Hewitt	31.4	County Champs	Grantham	
	Georgina Campion	31.6	County Champs	Grantham	
	Lauren Ward	32.00	Lincs League 2	Grantham	
	Alex Jackson	32.40	Lincs League 2	Grantham	
	Holly Horton	32.5	County Champs	Grantham	
	Jennifer Owen	35.60	Lincs League 2	Grantham	
800m	Rhiannon Martin	2.55.1	Charnwood Open	Loughborough	
	Laura Wilkinson	2.59.7	Berry Hill Open	Mansfield	
	Libby Ball	3.02.2	NYAL 2	Spinkhill, Sheffield	
	Holly Horton	3.03.4	NYAL 3	Hull	
	Jennifer Owen	3.14.6	NYAL 4	Sheffield	
	Lauren Sewell	3.27.4	Lincs Lge 3	Grantham	
	Holly Dickinson	3.33.8	NYAL 2	Spinkhill, Sheffield	
1200m	Rhiannon Martin	4.36.5	NYAL 4	Sheffield	
	Libbie Ball	4.36.6	NYAL 4	Sheffield	
	Hollie Dickinson	5.31.5	NYAL 3	Hull	
1500m	Rhiannon Martin	6.03.8	Lincs Lge 3	Grantham	
70mH	Georgia Hewitt	13.6	Lincs League 3	Grantham	
	Rhiannon Martin	15.8	County Champs	Grantham	
	Holly Horton	16.0	NYAL 4	Sheffield	
	Georgina Campion	16.3	NYAL 3	Hull	
	Lauren Ward	17.0	NYAL 1	Blackburn	

	Jennifer Owen	17.7	Lincs League 3	Grantham
HJ	Abbie Hall	1.15m	NYAL 2	Spinkhill, Sheffield
	Lauren Ward	1.15m	NYAL 4	Sheffield
	Rhiannon Martin	1.05m	Charnwood Open	Loughborough
	Holly Horton	1.00m	Lincs Lge 3	Grantham
LJ	Abbie Hall	3.76m	Lincs Lge 3	Grantham
	Lauren Ward	3.71m	County Champs	Grantham
	Alex Jackson	3.35m	Lincs Lge 3	Grantham
	Georgia Hewitt	3.18m	NYAL 3	Hull
	Jennifer Owen	3.18m	NYAL 4	Sheffield
	Georgina Champion	3.04m	Lincs League 2	Grantham
	Rhiannon Martin	2.90m	Charnwood Open	Loughborough
	Libby Ball	2.73m	NYAL 4	Sheffield
	Holly Horton	2.68m	County Champs	Grantham
	Holly Dickinson	2.51m	Lincs League 2	Grantham
Shot	Lauren Ward	5.66m	Lincs Lge 3	Grantham
	Alex Jackson	5.23m	NYAL 4	Sheffield
	Georgina Champion	4.84m	NYAL 3	Hull
	Hollie Horton	4.64m	NYAL 2	Spinkhill, Sheffield
	Hollie Dickinson	3.67m	NYAL 2	Spinkhill, Sheffield
	Rhiannon Martin	2.99m	NYAL 1	Blackburn
4 x 100m	?	58.6	Lincs Lge 3	Grantham

Womens Rankings 2010

U15 Girls

<u>Event</u>	<u>Athlete</u>	<u>Time/Dist</u>	<u>Meeting</u>	<u>Venue</u>	<u>CR</u>
75mH	Katie McMunn	12.6	NYAL 4	Sheffield	
	Sydney Cherrie	12.6	Anglian Sch Comb	Chelmsford	
	Allison Mouzon	12.8	Lincs Lge 3	Grantham	
100m	Sydney Cherrie	13.3	County Champs	Grantham	
	Allison Mouzon	13.7	County Champs	Grantham	
	Ellie Mason-Powers	14.2	NYAL 3	Hull	
	Georgina Edwards	14.4	NYAL 4	Sheffield	
	Catrina Thomas	14.5	NYAL 3	Hull	
	Katie Stephens	15.7	Lincs League 2	Grantham	
200m	Sydney Cherrie	27.7	NYAL 3	Hull	
	Katie McMunn	28.4	County Champs	Grantham	
	Allison Mouzon	29.1	NYAL 2	Spinkhill, Sheffield	
	Rhiannon Philps	29.5	Spring Spruce Open	Nottingham	
	Ellie Mason-Powers	29.8	Lincs League 2	Grantham	
	Georgina Edwards	30.3	NYAL 4	Sheffield	
	Katie Stephens	33.3	County Champs	Grantham	
300m	Catrina Thomas	46.4	Charnwood Open	Loughborough	
	Rhiannon Philps	48.0	Humberside League 3	Hull	
800m	Emma Tonner	2.19.7	Charnwood Open	Loughborough	
	Rhiannon Philps	2.22.2	Nthn U17/U15 Chps	Leigh, Manchester	
	Abbie Donnelly	2.27.4	NYAL 4	Sheffield	
	Catrina Thomas	2.31.8	County Schools	Boston	
	Sydney Cherrie	2.31.8	NYAL 3	Hull	
	Rebekah Ward	2.35.1	County Champs	Grantham	
	Katie McMunn	2.46.7	Anglian Sch Comb	Chelmsford	
	Allison Mouzon	3.01.7	Lincs AA/Sch Comb.	Lincoln	
1000m	Rhiannon Philps	3.08.0	Winter Warm Up	Scunthorpe	✓
1500m	Emma Tonner	4.41.73	English Schools	Birmingham	
	Abbie Donnelly	4.57.1	County Schools	Boston	
	Catrina Thomas	5.08.0	Charnwood Open	Loughborough	
	Rhiannon Philps	5.08.9	Charnwood Open	Loughborough	
	Bo Haywood	5.12.6	Lincs Lge 3	Grantham	
	Rebekah Ward	5.15.5	County Schools	Boston	
	Sydney Cherrie	5.18.9	County Schools	Boston	
1 Mile	Emma Tonner	5.12.9	Keepmoat Open	Doncaster	✓
3000m	Abbie Donnelly	10.51.5	Lincs Lge 3	Grantham	
	Bo Haywood	10.59.6	County Champs	Grantham	
	Rebekah Ward	11.31.5	Lincs Lge 3	Grantham	
LJ	Sydney Cherrie	4.81m	NYAL 4	Sheffield	

	Katie McMunn	4.65m	Anglian Sch Comb	Chelmsford
	Allison Mouzon	4.43m	Lincs Lge 3	Grantham
	Catrina Thomas	3.70m	NYAL 4	Sheffield
HJ	Sydney Cherrie	1.45m	NYAL 4	Sheffield
	Katie McMunn	1.42m	County Champs	Grantham
	Allison Mouzon	1.39m	County Schools	Boston
PV	Allison Mouzon	2.10m	NYAL 4	Sheffield
Javelin	Kelsey Dawes	31.30m	County Champs	Grantham
	Katie McMunn	21.77m	Lincs League 2	Grantham
	Allison Mouzon	18.88m	NYAL 3	Hull
	Catrina Thomas	12.82m	NYAL 4	Sheffield
	Ellie Mason-Powers	11.86m	NYAL 4	Sheffield
	Abbie Donnelly	10.02m	NYAL 2	Spinkhill, Sheffield
	Georgina Edwards	6.74m	NYAL 2	Spinkhill, Sheffield
Shot	Katie McMunn	9.05m	NYAL 4	Sheffield
	Adeyemi Ayotunde	8.34m	County Schools	Boston
	Kelsey Dawes	8.33m	Lincs Lge 3	Grantham
	Ellie Mason-Powers	6.82m	NYAL 3	Hull
	Sydney Cherrie	5.84m	NYAL 2	Spinkhill, Sheffield
	Abbie Donnelly	5.70m	NYAL 4	Sheffield
	Allison Mouzon	5.66m	Lincs AA/Sch Comb.	Lincoln
Discus	Kelsey Dawes	25.77m	NYAL 3	Hull
	Adeyemi Ayotunde	19.65m	County Schools	Boston
	Abbie Donnelly	14.34m	NYAL 4	Sheffield
	Rhiannon Philps	13.73m	NYAL 1	Blackburn
	Catrina Thomas	10.02m	NYAL 2	Spinkhill, Sheffield
	Ellie Mason-Powers	9.67m	NYAL 3	Hull
Pentathlon	Katie Mc Munn	2443pts	Anglian Sch Comb	Chelmsford
	Sydney Cherrie	2334pts	Anglian Sch Comb	Chelmsford
	Allison Mouzon	2056pts	Lincs AA/Sch Comb.	Lincoln
4 x 100m	Allison Mouzon			
	Sydney Cherrie			
	Ellie Mason-Powers			
	Katie McMunn	54.4	NYAL 4	Sheffield

Women's Rankings 2010

U17 Women

<u>Event</u>	<u>Athlete</u>	<u>Time/Dist</u>	<u>Meeting</u>	<u>Venue</u>	<u>CR</u>
100m	Hannah Dunderdale	13.1	NoE Play offs	Cudworth	
	Emily Coulter	13.2	County Champs	Grantham	
	Lucy Helas	13.4	Northern League 2	Hull	
	Amy-may Saunders	13.5	County Champs	Grantham	
	Ellis Whyler	13.50	Lincs League 2	Grantham	
	Lindsay Campbell	14.9	NJL 4	Doncaster	
	Rebecca Wells	15.5	NYAL 1	Blackburn	
	Sarah Stanhope	15.5	NYAL 2	Spinkhill, Sheffield	
	Laura Maplethorpe	15.7	NJL 3	Rotherham	
200m	Hannah Dunderdale	26.37	EA Combined Events	Stoke	
	Emily Coulter	27.6	County Champs	Grantham	
	Lucy Helas	27.64	BAL Cup SF	Derby	
	Caitlin Lynch	28.2	NYAL 1	Blackburn	
	Amy-may Saunders	28.6	County Champs	Grantham	
	Libbie Read	28.8	NYAL 4	Sheffield	
	Lindsay Campbell	31.0	NJL 2	Sheffield	
	Rebecca Wells	31.1	Lincs Lge 3	Grantham	
	Laura Maplethorpe	33.9	NYAL 2	Spinkhill, Sheffield	
300m	Hannah Dunderdale	43.40	Costello Open	Hull	
	Laura Donnelly	44.3	County Schools	Boston	
	Caitlin Lynch	45.2	NYAL 1	Blackburn	
	Nicola Isaacs	45.3	Charnwood Open	Loughborough	
	Jasmine Cornwell	47.7	County Champs	Grantham	
	Lauren Freeman	49.0	NYAL 3	Hull	
	Rebecca Wells	49.4	County Schools	Boston	
	Lindsay Campbell	51.1	NYAL 2	Spinkhill, Sheffield	
	Sheridan McWilliam	54.6	Lincs Lge 3	Grantham	
400m	Hannah Dunderdale	59.0	Northern League 3	Rotherham	
	Libbie Read	63.6	Northern League 2	Hull	
	Megan Ball	63.8	Northern League 2	Hull	
	Jasmine Cornwell	70.3	Open Meeting	Mansfield	
800m	Libbie Read	2.20.8	Northern League 2	Hull	
	Megan Ball	2.24.5	Northern League 2	Hull	
	Laura Donnelly	2.24.90	BMC PB Classic	Milton Keynes	
	Hannah Dunderdale	2.27.2	Anglian Sch Comb	Chelmsford	
	Nicola Isaacs	2.31.35	BMC PB Classic	Milton Keynes	
	Jasmine Cornwell	2.38.1	County Champs	Grantham	
	Lauren Freeman	2.42.8	NYAL 3	Hull	
	Sheridan McWilliam	2.44.2	Lincs Lge 3	Grantham	

1500m	Libbie Read	4.56.9	County Schools	Boston	
	Laura Donnelly	5.11.84	Festival of Athletics	Sheffield	
	Sheridan McWilliam	5.21.81	Festival of Athletics	Sheffield	
	Nicola Isaacs	5.27.6	NYAL 1	Blackburn	
	Hannah Dunderdale	6.10.8	NYAL 2	Spinkhill, Sheffield	
3000m	Libbie Read	10.54.3	Nthn U17/U15 Chps	Leigh, Manchester	
	Sheridan McWilliam	11.18.3	Northern League 2	Hull	
	Isobell Lord	13.12.5	NYAL 4	Sheffield	
80mH	Hannah Dunderdale	12.49	EA Combined Events	Stoke	
	Ellis Whyler	13.3	NYAL 1	Blackburn	
300mH	Hannah Dunderdale	45.9	NYAL 4	Sheffield	✓
	Megan Ball	54.9	NYAL 2	Spinkhill, Sheffield	
	Libbie Read	56.1	NYAL 3	Hull	
	Rebecca Wells	56.9	NYAL 3	Hull	
	Sheridan McWilliam	80.5	NYAL 1	Blackburn	
400mH	Megan Ball	71.6	Northern League 4	Scunthorpe	
	Libbie Read	83.8	NoE Play offs	Cudworth	
	Rebecca Wells	84.8	Northern League 4	Scunthorpe	
LJ	Ellis Whyler	5.03m	Northern League 1	Doncaster	
	Hannah Dunderdale	4.96m	Lincs Lge 3	Grantham	
	Lucy Helas	4.08m	NYAL 4	Sheffield	
	Rebecca Wells	3.78m	NYAL 1	Blackburn	
	Libbie Read	3.65m	NYAL 3	Hull	
HJ	Ellis Whyler	1.45m	Lincs League 2	Grantham	
	Hannah Dunderdale	1.45m	NoE Play offs	Cudworth	
	Megan Ball	1.20m	Northern League 4	Scunthorpe	
	Rebecca Wells	1.20m	NoE Play offs	Cudworth	
TJ	Hannah Dunderdale	10.08m	BAL Cup SF	Derby	
	Laura Donnelly	8.97m	NYAL 4	Sheffield	
	Lindsay Campbell	8.07m	NJL 4	Doncaster	
	Emma Coulter	8.05m	NYAL 3	Hull	
	Lucy Helas	7.70m	Northern League 4	Scunthorpe	
	Sheridan McWilliam	7.58m	NYAL 1	Blackburn	
	Megan Ball	7.40m	Northern League 4	Scunthorpe	
Shot	Hannah Dunderdale	10.30m	Lincs Lge 3	Grantham	=✓
	Ellis Whyler	9.39m	County Schools	Boston	
	Sarah Stanhope	7.71m	NoEAA League 1	Doncaster	
	Laura Maplethorpe	6.77m	NJL 3	Rotherham	
	Lindsay Campbell	6.72m	NYAL 2	Spinkhill, Sheffield	

Hammer	Sarah Stanhope	46.43m	EA U15/U17 Champs Bedford	✓	
	Lindsay Campbell	34.03m	NJL 2		Sheffield
	Laura Maplethorpe	33.52m	NJL 2		Sheffield
	Paige Mitchell	33.35m	Lincs League 2		Grantham
Javelin	Hannah Dunderdale	36.14m	EA Combined Events Stoke		
	Sarah Stanhope	27.53m	Northern League 4	Scunthorpe	
	Laura Maplethorpe	20.66m	Northern League 4	Scunthorpe	
	Lindsay Campbell	12.73m	NJL 3	Rotherham	
	Rebecca Wells	9.79m	NYAL 3	Hull	
Discus	Sarah Stanhope	30.92m	NoE Play offs	Cudworth	
	Laura Maplethorpe	19.82m	NJL 4	Doncaster	
	Lindsay Cambell	17.55m	NYAL 3	Hull	
Heptathlon	Hannah Dunderdale	4410pts	EA Combined Events Stoke		
4 x 100m	Lucy Helas				
	Lindsay Campbell				
	Laura Maplethorpe				
	Emma Coulter	56.9	NYAL 3	Hull	
4 x 300m	Laura Donnelly				
	Rebecca Wells				
	Libbie Read				
	Hannah Dunderdale	3.07.5	NYAL 4	Sheffield	

Womens Rankings 2010

U20 Women

<u>Event</u>	<u>Athlete</u>	<u>Time/Dist</u>	<u>Meeting</u>	<u>Venue</u>	<u>CR</u>
80m	Mary-ann Phillips	11.0	Winter Warm Up	Scunthorpe	✓
100m	Shireen Timmis	12.7	County Schools	Boston	
	Mary-ann Phillips	13.1	County Champs	Grantham	
150m	Mary-ann Phillips	21.0	Winter Warm Up	Scunthorpe	✓
200m	Shireen Timmis	26.3	County Schools	Boston	
	Mary-ann Phillips	26.9	County Schools	Boston	
	Rochelle Harrison	29.84	Berry Hill Open	Mansfield	
400m	Rochelle Harrison	62.45	BAL Cup SF	Derby	
	Shireen Timmis	65.6	Lincs League 1	Grantham	
	Ellie Clarke	65.7	NoE Play offs	Cudworth	
	Gemma Selwood	71.3	County Champs	Grantham	
800m	Lara Thomas	2.14.13	BAL Cup SF	Derby	
	Rochelle Harrison	2.17.06	Youth Games	Gothenburg	
	Georgia Ball	2.24.4	County Champs	Grantham	
	Gemma Selwood	2.34.9	County Schools	Boston	
	Mary-ann Phillips	2.49.0	Anglian Sch Comb	Chelmsford	
1500m	Lara Thomas	4.34.01	Northern Champs	Manchester	
	Rochelle Harrison	4.41.25	Northern Champs	Manchester	
	Georgia Ball	4.46.46	Northern Champs	Manchester	
	Holly Haywood	5.23.89	Festival of Athletics	Sheffield	
3000m	Lara Thomas	10.03.70	Rowheath Open	Birmingham	
	Georgia Ball	10.11.49	Trafford Grand Prix	Manchester	
	Holly Haywood	11.44.7	County Champs	Grantham	
1500m S/Chase	Lara Thomas	5.07.7	NJL 4	Mansfield	✓
2000m S/Chase	Lara Thomas	7.13.45	Trafford GP (N C'ps)	Stretford	✓
3000m S/Chase	Lara Thomas	11.24.09	U20 & U23 Champs	Bedford	
100mH	Mary-ann Phillips	18.3	Northern League 3	Rotherham	
HJ	Mary-ann Phillips	1.45m	Northern League 2	Hull	
LJ	Mary-ann Phillips	4.58m	Northern League 3	Rotherham	
	Shireen Timmis	3.14m	NoE Play offs	Cudworth	
Shot	Mary-ann Phillips	6.50m	Anglian Sch Comb	Chelmsford	

TJ	Laura Ware	8.81m	Northern League 3	Rotherham
Javelin	Mary-ann Phillips	16.81m	Lincs Lge 3	Grantham
Discus	Rebecca Sullivan	23.91m	Lincs Lge 3	Grantham
Heptathlon	Mary-ann Phillips	2895pts	Anglian Sch Comb	Chelmsford

Womens Rankings 2010

Senior Women

<u>Event</u>	<u>Athlete</u>	<u>Time/Dist</u>	<u>Meeting</u>	<u>Venue</u>	<u>CR</u>
200m	Lydia Chamberlin	25.4	Conference Champs	USA	✓
	Ellie Clarke	30.6	Charnwood Open	Loughborough	
	Sophie Cowper	33.8	Lincs Lge 3	Grantham	
400m	Ellie Clarke	66.5	Charnwood Open	Loughborough	
	Sophie Cowper	73.5	Lincs Lge 3	Grantham	
800m	Lydia Chamberlin	2.29.83	Des Moines	USA	
	Sophie Cowper	2.32.52	Watford Open	Watford	
1500m	Lucinda Pitcher	4.49.8	Charnwood Open	Loughborough	
	Natalie Farrow	4.51.9	Northern League 3	Rotherham	
	Sophie Cowper	4.56.6	Horsham Open	Horsham	
3000m	Natalie Farrow	10.08.70	LSAC v EM v Police	Loughborough	
	Lucinda Pitcher	10.18.2	Open Meeting	Loughborough	
	Sophie Cowper	10.45.74	Eastern Champs	Cambridge	
5000m	Lucinda Pitcher	18.17.6	Northern Champs	Manchester	
	Sophia Cowper	18.47.0	Northern Champs	Manchester	
	Sarah Kimpton	21.06.15	BUCS Champs	Bedford	
100H	Lydia Chamberlin	15.29	Fayetteville	USA	
Heptathlon	Lydia Chamberlin	5021pts	Conference Champs	USA	
HJ	Lydia Chamberlin	1.72m	Combined Events	Hexham	
LJ	Lydia Chamberlin	5.89m	Fayetteville	USA	
Shot	Lydia Chamberlin	11.66m	Des Moines	USA	
Javelin	Lydia Chamberlin	31.55m	Combined Events	Hexham	
4 x 100m	Lucy Helas U17 Laura Ware U20 Mary-ann Phillips U20 Shireen Timmis U20	53.0	Northern League 3	Rotherham	
4 x 400m	Hannah Dunderdale U17 Megan Ball U17 Rochelle Harrison U20 Lara Thomas U20	4.08.1	Northern League 4	Scunthorpe	

Womens Rankings 2010

Vet Women

Event	Athlete	Age	Time/Dist	Meeting	Venue	CR
100m	Denise Timmis	V45	14.5	County Champs	Grantham	
	Wendy Day	V35	16.2	Lincs Lge 3	Grantham	
	Dot Fraser	V70	17.31	European Vets	Hungary	
200m	Denise Timmis	V45	30.2	County Champs	Grantham	
	Dot Fraser	V70	35.60	European Vets	Hungary	
400m	Susie Ardron	V50	74.30	Lincs League 2	Grantham	✓
	Dot Fraser	V70	88.17	European Vets	Hungary	
800m	Susie Ardron	V50	2.37.2	NoEAA League 1	Doncaster	✓
	Betty Stracey	V70	3.51.13	BMAF Champs	Cardiff	✓
1500m	Susie Ardron	V50	5.23.0	Lincs League 2	Grantham	✓
	Jane Clarke	V40	5.46.9	NoEAA League 1	Doncaster	
	Betty Stracey	V70	7.27.42	European Vets	Hungary	✓
	Dot Fraser	V70	8.30.3	EVAC 1	Peterborough	✓
3000m	Susie Ardron	V50	11.27.1	Northern League 4	Scunthorpe	✓
5000m	Betty Stracey	V70	26.29.48	BMAF Champs	Cardiff	✓
Shot	Sharon Waller	V40	6.68m	Northern League 4	Scunthorpe	✓
	Hayley Fox	V35	6.15m	NoE Play offs	Cudworth	
	Dot Fraser	V70	5.71m 3.25kg	Lincs League 2	Grantham	
Discus	Hayley Fox	V35	19.63m	NoE Play offs	Cudworth	
	Kathleen Warhurst	V45	19.02m	Eastern Champs	Cambridge	
Hammer 4k	Kathleen Warhurst	V45	21.46m	Eastern Champs	Cambridge	
Hammer 3k	Dot Fraser	V70	18.33m	EVAC 1	Peterborough	
LJ	Denise Timmis	V45	4.63m	NoE Play offs	Cudworth	
Javelin	Hayley Fox	V35	16.94m	Northern League 2	Hull	
	Sharon Waller	V40	14.40m	Northern League 3	Rotherham	
TJ	Hayley Fox	V35	7.96m	NoE Play offs	Cudworth	
PV	Hayley Fox	V35	2.40m	Northern League 3	Rotherham	✓

