KINGSTON UPON HULL ATHLETIC CLUB
PRESENT THEIR SPRING OPEN MEETING
AT THE COSTELLO STADIUM HULL
11 April 2010
Field Events from 10.30 – Track 11am.
(Under U.K.A. rules)

U11 Girls and Boys
60m 150m 600m Long Jump
U13 Girls and Boys
80m 150m 800m Long Jump, Javelin
U15 Girls and Boys
100m 200m 1500m 75m(g) 80m(b) hurdles, High Jump, Long Jump, Shot
U17 men and women
100m 200m 400m(m) 300m(w) 80m(w) 100m(m) hurdles 1 mile, High Jump, Long Jump, Shot, Discus, Javelin, pole vault (indoors)
Junior Senior Men and Women
100m 200m 400m 1 mile, pole vault(indoors) High Jump, Long Jump, Shot, Discus, Javelin.
(Junior Men to throw own weight implements).

Medals to the first 3 in each age group event
£3 for 1 event, £5 for 2 events, £6 for 3 events

Cheques payable to KUHAC - *include S.A.E. if confirmation is required*

Address for entries: Mrs K Lonsdale, 20 St Michaels Drive, Hedon, E. Yorkshire, HU12 8Q
Closing date 2nd April – *limited entries on the day*

Name …… Club ……

Address ……

Date of Birth ……. Age Group…….…….

Tel No: ……. Events:- 1.
2.
3.