Lincoln Wellington AC - WOMENS Road Runners League 2009

	Posn Move	Name		Sleaford HM 20.96Km 22-Feb-09	Lincoln 10K 10Km 29-Mar-09	LWAC 5K Series Race 1 5KM 20-May-09	Woodhall Spa 10K 10Km 07-Jun-09	Heckington 10 16.09Km 25-Jul-09	LWAC 5K Series Race 4 5Km 26-Aug-09	Lincs Wolds 10 16.09Km 05-Sep-09	Ducks and Drakes 10 16.09Km 10-Oct-09	Lincs XC Round 1 (Cranwell) 9.2Km 25-Oct-09	Thorpe Park 10K 10Km 15-Nov-09	Tie Calculations Total Adj Time / Total Dist (Km)	Total Pts Max Available 70
	Posn Move	*Example Runner*	*Time*	*(not counted in 2009)*	*(not counted in 2009)*								*CANCELLED*		
			Age Adj												
			Pts			*10*	*10*	*10*	*10*	*10*	*10*	*10*			
1	-	**Netty Wasyliw**	Time				00:45:53	01:19:44	00:22:28	01:20:42	01:25:21	00:20:52		N/A	52
			Age Adj				00:42:54	01:14:54	00:20:52	01:15:49	01:20:11	00:19:42			
			Pts				9	9	10	8	8	8			
2	-	**Anne Gilroy**	Time		00:49:58		00:48:39	01:24:22		01:23:12	01:29:11	00:21:24		N/A	50
			Age Adj		00:42:17		00:41:10	01:11:46		01:10:47	01:15:52	00:17:47			
			Pts		10		10	10		10	10	10			
3	-	**Sylvia Strangeway**	Time		00:42:56	00:20:40	00:42:57		00:21:17		01:16:40	00:19:14		N/A	45
			Age Adj		00:42:56	00:20:40	00:42:57		00:21:17		01:16:40	00:19:14			
			Pts		9	10	8		9		9	9			
4	-	**Deb Daly**	Time	01:49:05	00:46:32	00:23:01	00:46:01	01:21:13			01:26:59			N/A	30
			Age Adj	01:45:21	00:44:36	00:21:55	00:44:06	01:18:12			01:23:46				
			Pts	9	8	9	7	7			7				
5	-	**Jane Ramsden**	Time	01:52:20				01:24:52		01:24:29	01:35:22	00:22:43		N/A	29
			Age Adj	01:40:27				01:15:40		01:15:20	01:25:02	00:20:07			
			Pts	10				8		8	6	7			
			Time											N/A	
			Age Adj												
			Pts												
			Time											N/A	
			Age Adj												
			Pts												
			Time											N/A	
			Age Adj												
			Pts												
			Time											N/A	
			Age Adj												
			Pts												
			Time											N/A	
			Age Adj												
			Pts												

Wava Calculators - Road http://www.marlboroughrunningclub.co.uk/agegradingcalc.shtm

- XC http://www.26point2.co.uk/index.php?option=com_wrapper&Itemid=211

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