



LINCOLN WELLINGTON AC ROAD RUNNERS LEAGUE



SHIELD AND TROPHY FOR END OF YEAR WINNERS.

TROPHY FOR 2ND AND 3RD PLACE END OF YEAR FINISHERS

MEN'S LEAGUE
LADIES LEAGUE

POINTS AWARDED FOR 1ST **TEN** LWAC ROAD RUNNER FINISHERS IN SPECIFIED RACES (FOR MEN AND LADIES).

ie. **10pts** for 1st, **9pts** for 2nd, **8pts** for 3rd etc.

Finishing Times will be age graded

EVENTS IN THE CALENDAR WILL INCLUDE:

1	SLEAFORD HALF MARATHON	22 FEB
2	LINCOLN 10K	29 MAR
3	LWAC 5K SERIES RACE 1	20 MAY
4	WOODHALL SPA 10K	07 JUN
5	HECKINGTON 10	25 JUL
6	LWAC 5K SERIES RACE 4	26 AUG
7	LINCS WOLDS 10	05 SEP
8	DUCKS AND DRAKES 10	10 OCT
9	LINCS XC SERIES RACE 1 (CRANWELL)	25 OCT
10	THORPE PARK 10K	15 NOV

(IN THE EVENT OF A RACE CANCELLATION, A REPLACEMENT EVENT WILL BE FOUND, OR THE ROUND REMOVED FROM THE YEARS LEAGUE SCHEDULE)

