

LSAC 2nd Indoor Open Meeting 08 - 09

Saturday 10th January 2009

TIMETABLE

Provisional as at 2nd December 2008

TRACK EVENTS

(Start at 12.30pm)

12.30 60m H Senior Women 1st series

12.50 60m H Senior Men 1st series

13.40 60m Senior Women 1st series

14.00 60m Senior Men 1st series

14.30 60m H Senior Men 2nd series

14.45 60m H Senior Women 2nd series

15.35 60m Senior Men 2nd series

16.00 60m Senior Women 2nd series

FIELD EVENTS

(Start at 12.00 noon)

12.00 Women's High Jump

12.30 Men's Long Jump

13.30 Men's High Jump

14.30 Men's Shot

15.30 Women's Shot

15.45 Women's Triple Jump

LSAC MEMBERS FREE!! Entries will be accepted by email.

Non Members should email I.Anholm@lboro.ac.uk

Non Members Entry fee £7, cheques made payable to LSU

Entries close 5pm Thursday 8th January