



TEAM DECLARATION FORM - MALE

CLUB NAME	Lincoln Wellington	CLUB NUMBER(S)
TEAM MANAGER(S)		

2008 EVENT ORDER		ATHLETE 'A'	ATHLETE 'B'
under 17	11:30	Hammer [5k]	David Ellery / Joe Dunderdale
	11:45	400Hurdles	Stuart Campbell / Neil Humberstone
	12:00	200	Chris Leslie / Matt Moore
	12:40	800	Ian Maplethorpe / Jack Thomas
	12:45	Discus [1.5k]	David Ellery / Chris Leslie
	13:00	Long Jump	Matt Houlden / Nathan Cox
	13:30	3000	Stuart Campbell / Jon Humberstone
	14:15	Shot [5k]	David Ellery / Nathan Page
	14:40	100 Hurdles	Matt Houlden / Neil Humberstone
	14:45	400	Nathan Cox / Jack Thomas
	15:00	100	Chris Leslie / Matt Moore
	15:00	High Jump[1.35]	Matt Houlden / Joe Dunderdale
	15:35	1500	Ryan Stephenson / Jon Humberstone
	15:45	Javelin	Joe Dunderdale / Ian Maplethorpe
	15:45	Triple Jump	Matt Houlden / Stuart Campbell
16:35	1500 S/Ch	Ian Maplethorpe / Nathan Page	

2008 EVENT ORDER		ATHLETE 'A'	ATHLETE 'B'	
under 15	11:30	Hammer [4k]	Liam Clarke / Jack Culpin	
	12:00	200	Tom Matthews / James Bermingham	
	12:40	800	Adam Baker / Richard Brine	
	12:45	Discus [1.25k]	Liam Clarke / Luke Martin	
	13:00	Long Jump	Sam Chapman / Lewis Stephenson	
	14:15	80 Hurdles	Jake Moss / Richard Brine	
	14:15	Shot	Liam Clarke / James Bermingham	
	14:45	400	Jack Culpin / Richard Brine	
	15:00	100	Tom Matthews / James Bermingham	
	15:00	HIGH J [start 1m25]	Adam Baker / Edward Quittendon	
	15:35	1500	Jack Culpin / Matt Bee	
	15:45	Javelin	Lewis Stephenson / Luke Martin	
	under 13	11:45	High Jump [1.05m]	Haran Dunderdale / Callum Wheeler
		12:00	200	Alex Humberstone / Callum Wheeler
		12:40	800	Dylan Love / Robbie Smith
13:00		Shot [3.25k]	Haran Dunderdale / Dylan Love	
13:45		75 Hurdles	Alex Humberstone	
14:15		Long Jump	Alex Humberstone / Robbie Smith	
15:00	100	Dylan Love / Robbie Smith		
15:35	1500	Haran Dunderdale / Callum Wheeler		

OFFICIALS: SIGN IN AND REPORT FOR DUTY TO ENSURE POINTS.
4 & 5 CLUB MATCHES
2 TRACK JUDGES AND 2 TIMEKEEPERS
6 FIELD JUDGES
(AT LEAST 2 FJ's QUALIFIED)
6 TO 8 TEAM MATCHES
1 TRACK JUDGE AND 1 TIMEKEEPER 3 FIELD JUDGES
(AT LEAST 1 FJ QUALIFIED)

U13 4 X 100 16:10	
Alex Humberstone	Callum Wheeler
Haran Dunderdale	Robbie Smith
U17 4 X 100 16:10	
Matt Houlden	Matt Moore
Chris Leslie	Neil Humberstone
U17 4 X 400 16:55	
Stuart Campbell	Jack Thomas
Jon Humberstone	Nathan Cox

ATHLETES IN THE U13 AGE GROUP MAY NOT COMPETE IN MORE THAN ONE EVENT BETWEEN 600m AND 1500m
 ATHLETES IN THE U15 AGE GROUP MAY NOT COMPETE IN MORE THAN ONE EVENT BETWEEN 600m AND 3000m.
 ATHLETES MAY COMPETE IN A MAXIMUM OF 4 EVENTS OF WHICH AT LEAST ONE SHOULD BE A RELAY [ONLY 3 INDIVIDUAL EVENTS]

U15 4 X 100 16:10	
Sam Chapman	James Bermingham
Richard Brine	Tom Matthews
U15 4 X 400 16:55	
Adam Baker	Jack Culpin
Lewis Stephenson	Matt Bee

PLEASE HAND IN THIS COMPLETED SHEET AT LEAST 20 MINS BEFORE EVENT 1.



TEAM DECLARATION FORM - FEMALE

CLUB NAME	CLUB NUMBER(S)
TEAM MANAGER(S)	

	2008 EVENT ORDER	ATHLETE 'A'	ATHLETE 'B'
under 17	11:30	Hammer [4k]	Holly Haywood Laura McMunn
	11:45	300 Hurdles	
	11:45	Long Jump	Mary - Ann Phillips Michelle Finch
	12:00	200	Laura Ware Michelle Finch
	12:40	800	Hester Talbot Gemma Selwood
	13:00	Pole Vault	Jenny Vigurs Laura McMunn
	13:30	High Jump [1.25m]	Mary - Ann Phillips Laura McMunn
	13:45	Discus	Hester Talbot Jenny Vigurs
	14:00	3000	Jenny Vigurs Gemma Selwood
	14:15	80 Hdns	
	14:45	300	Hester Talbot Laura Ware
	14:45	Javelin	Mary - Ann Phillips Gemma Sellwood
	15:00	100	Michelle Finch
	15:30	Shot	Holly Haywood Laura Ware
	15:35	1500	Holly Haywood Laura McMunn
15:45	Triple Jump		

	2008 EVENT ORDER	ATHLETE 'A'	ATHLETE 'B'	
under 15	11:45	Long Jump	Hannah Dunderdale Becky Wells	
	12:00	200	Jasmine Cornwell Vikki Lawrence	
	12:40	800	Jasmine Cornwell Megan Ball	
	13:30	High Jump [1.15m]		
	13:45	75Hdns	Hannah Dunderdale Megan Ball	
	13:45	Discus	Jasmine Cornwell Lyndsey Campbell	
	14:45	Javelin	Hannah Dunderdale Vikki Lawrence	
	15:00	100	Megan Ball Becky Wells	
	15:30	Shot	Laura Maplethorpe Lyndsey Campbell	
	15:35	1500	Laura Donnelly Nichola Isaacs	
	under 13	11:45	High Jump [1.05m]	Allison Mouzon Catrina Thomas
		12:00	150	Katie McMunn Ellie Mason - Powers
12:40		800	Emma Tonner Catrina Thomas	
13:00		Shot [2.72k]	Rhiannon Philps Ellie Mason - Powers	
13:20		70 Hdns	Katie McMunn Catrina Thomas	
14:15		Long Jump	Emma Tonner Amy Clarke	
14:30		1200	Rhiannon Philps Abbey Donnelly	
15:00		75	Allison Mouzon Amy Clarke	

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6 FIELD JUDGES
(AT LEAST 2 FJ's QUALIFIED)
6 TO 8 TEAM MATCHES
1 TRACK JUDGE AND 1 TIMEKEEPER 3
FIELD JUDGES
(AT LEAST 1 FJ QUALIFIED)

U17 4 X 100 16:10	
Michelle Finch	Gemma Selwood
Jenny Vigurs	Holly Haywood

U17 4 X 300 16:55	
Mary - Ann Phillips	Laura Ware
Hester Talbot	Laura McMunn

ATHLETES IN THE U13 AGE GROUP MAY NOT COMPETE IN MORE THAN ONE EVENT BETWEEN 600m AND 1500m
 ATHLETES IN THE U15 AGE GROUP MAY NOT COMPETE IN MORE THAN ONE EVENT BETWEEN 600m AND 3000m.
 ATHLETES MAY COMPETE IN A MAXIMUM OF 4 EVENTS OF WHICH AT LEAST ONE SHOULD BE A RELAY
 [ONLY 3 INDIVIDUAL EVENTS]

U13 4 X 100 16:10	
Katie McMunn	Amy Clarke
Ellie Mason - Powers	Allison Mouzon

U15 4 X 100 16:10	
Megan Ball	Hannah Dunderdale
Vikki Lawrence	Jasmine Cornwell

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