



LINCOLN AND DISTRICT RUNNERS



Sponsored by

J HARRISON LTD

RESIN BOUND PAVING SPECIALIST

TELEPHONE 01522 826220

MOBILE 07760253147

SUPPORTED BY

Waggon and Horses Public House

1 Rectory Lane Branston Lincoln

Tel: 01522 791356

Branston 5-Mile Dash Multi Terrain Run

Friday 11th July 2008 7.30pm

Under UKA Rules

Prizes

* 1st 3 Men

* 1st V40 Male

* 1st V50 Male

* 1st 3 Ladies

* 1st V35 Lady

* 1st V45 Lady

Limited entries on the night at **The Waggon and Horses pub.**

150 Limit

Mementoes to all Finishers

Entry Fee £5.00 UKA Club Members + £1.00 on the Day

£7.00 unattached + £1.00 on the Day

Permit No 10433

Send entries to Race Secretary 81 Station Road Branston Lincs LN4 1LG

01522 790689

Enclosing a 9x4 stamped addressed envelope

CLOSING DATE Monday 7th July 2008

.....
Name Male ¹ Vet 40¹ Vet 50¹

Address.....Female ¹ Vet 35¹ Vet 45¹
.....

Telephone

UKA Club(if any)Membership no.....

Fee enclosed £.....(Cheque payable to Lincoln and District Runners)

I agree to abide by UKA rules. I am over 15 years of age and medically fit to run .I understand that I enter at my own risk and the organisers will not be held responsible for any injury or illness caused to me during or as a result of the event or any property lost during the event



Signature..... Date.....Race no.....

