

LWAC Summer Road Race Series

Fastest Times (as at 25 June 2008)

1k Race U11 Boys

1 Alex Humberstone	*3:28 LWAC	25/07/2007
2 Dylan Love	*3:32 LWAC	30/08/2006
3= Linton Taylor	*3:36	24/08/2005
3= Joshua Malt	*3:36 LWAC	26/07/2006

3k Race U13 Boys

1 Jake Coyle	10:24 LWAC	25/06/2003
2 Jack Skeet	10:39 LWAC	25/08/2004
3 Haran Dunderdale	10:46 LWAC	25/07/2007

3k Race U15 Boys

1 Ian Maplethorpe	9:59 LWAC	27/06/2007
2 Jake Coyle	10:03 LWAC	25/05/2005
3 Jack Skeet	10:09 LWAC	24/08/2005

5k Race U17 Boys

1 Shane Robinson	16:22 LWAC	23/05/2007
2 Tom Straw	16:25 LWAC	25/07/2007
3= Elliot Haywood	16:45 LWAC	24/05/2006
3= Ian Maplethorpe	16:45 LWAC	25/06/2008

5k Race U20 Men

1 Ian Kimpton	16:01 LWAC	30/06/2004
2 Will Strangeway	16:04 LWAC	26/05/2004
3 Shane Robinson	16:31 LWAC	25/06/2008

5k Race Senior Men

1 Matt Bowser	14:55 LWAC	21/05/2008
2 Pumlani Bangani	15:43 Salford Harriers	25/06/2008
3 Darren Teasdale	15:48 Hallamshire Harriers	20/06/2001

5k Race Veteran Men

1 Steve Murdoch	15:37 Eden Runners	20/06/2001
2 Andrew Stevens	16:25 u/a	29/08/2007
3 Nick Marsh	16:36 Louth AC	21/05/2008

1k Race U11 Girls

1 Hannah Dunderdale	*3:29 LWAC	25/05/2005
2 Catrina Thomas	*3:33 LWAC	27/06/2007
3 Bo Haywood	*3:35 LWAC	24/05/2006

3k Race U13 Girls

1 Blue Haywood	10:35 LWAC	26/05/2004
2 Hester Talbot	11:09 LWAC	29/06/2005
3 Bo Haywood	11:18 LWAC	25/06/2008

3k Race U15 Girls

1 Blue Haywood	10:32 LWAC	25/05/2005
2 Georgia Ball	10:59 LWAC	30/08/2006
3 Laura Smith	11:27 Louth AC	26/05/2004

5k Race U17 Girls

1 Blue Haywood	16:54 LWAC	23/05/2007
2 Georgia Ball	18:29 LWAC	27/06/2007
3 Sarah Kimpton	19:40 LWAC	27/07/2005

5k Race U20 Women

1 Lucinda Pitcher	18:52 LWAC	21/05/2003
2 Sarah Coates	18:59 LWAC	21/05/2003
3 Sarah Kimpton	20:12 LWAC	27/06/2007

5k Race Senior Women

1 Harriet Canter	18:04 LWAC	23/05/2007
2 Tanya Taylor	18:27 Nene Valley Harriers	24/08/2005
3 Lucinda Pitcher	18:42 LWAC	21/05/2008

5k Race Veteran Women

1 Sharron Hatch	17:38 City of Derry	18/07/2001
2 Annette Bell	18:42 LWAC	14/08/2002
3 Tanya Taylor	18:58 Nene Valley Harriers	24/05/2006

* = U11 Times that were set before 2008 have been adjusted as the course was 32m short