



**TEAM DECLARATION FORM - MALE**

<b>CLUB NAME</b>	<b>Lincoln Wellington</b>	<b>CLUB NUMBER(S)</b>
<b>TEAM MANAGER(S)</b>		

	2008 EVENT ORDER		ATHLETE 'A'	ATHLETE 'B'
<b>under 17</b>	11:30	Hammer [5k]	David Ellery	Kyle Fawcett
	11:45	400Hurdles	Stuart Campbell	Joe Dunderdale
	12:00	200	Matt Houlden	Neil Humberstone
	12:40	800	Jonathan Humberstone	Simon Parr
	12:45	Discus [1.5k]	David Ellery	Chris Leslie
	13:00	Pole Vault [1.70m]	Joe Dunderdale	
	13:00	Long Jump	Nathan Cox	Neil Humberstone
	13:30	3000		Ryan Stephenson
	14:15	Shot [5k]	Matt Moore	Kyle Fawcett
	14:40	100 Hurdles	Matt Houlden	Neil Humberstone
	14:45	400	Nathan Cox	Jack Skeet
	15:00	100	Matt Moore	Chris Leslie
	15:00	High Jump[1.35]	Chris Leslie	Jack Skeet
	15:35	1500	Chris Woodger	Kyle Fawcett
	15:45	Javelin	Joe Dunderdale	Simon Parr
	15:45	Triple Jump	Matt Houlden	Nathan Cox
16:35	1500 S/Ch	Stuart Campbell	Jonathan Humberstone	

<b>OFFICIALS: SIGN IN AND REPORT FOR DUTY TO ENSURE POINTS.</b> <b>4 &amp; 5 CLUB MATCHES</b> <b>2 TRACK JUDGES AND 2 TIMEKEEPERS</b> <b>6 FIELD JUDGES</b> <b>(AT LEAST 2 FJ's QUALIFIED)</b> <b>6 TO 8 TEAM MATCHES</b> <b>1 TRACK JUDGE AND 1 TIMEKEEPER 3</b> <b>FIELD JUDGES</b> <b>(AT LEAST 1 FJ QUALIFIED)</b>	<b>U13 4 X 100 16:10</b>
	Dylan Love      Alex Humberstone
	Haran Dunderdale      Nathan Fawcett
	<b>U17 4 X 100 16:10</b>
	Matt Moore      Matt Houlden
	Chris Leslie      Neil Humberstone
<b>U17 4 X 400 16:55</b>	
Stuart Campbell      Nathan Cox	
Chris Woodger      Jack Skeet	

	2008 EVENT ORDER		ATHLETE 'A'	ATHLETE 'B'
<b>under 15</b>	11:30	Hammer [4k]	Liam Clarke	Jack Culpin
	12:00	200	James Bermingham	Lewis Goddard
	12:40	800	Adam Baker	Jack Culpin
	12:45	Discus [1.25k]	Liam Clarke	Matt Bee
	13:00	Pole Vault [1.70m]		
	13:00	Long Jump	Lewis Stephenson	Lewis Goddard
	14:15	80 Hurdles	Adam Baker	Lewis Stephenson
	14:15	Shot	Liam Clarke	James Bermingham
	14:45	400	Jack Culpin	Lewis Stephenson
	15:00	100	James Bermingham	Lewis Goddard
	15:00	HIGH J [start 1m25]	Adam Baker	
	15:35	1500	Matt Bee	Jason Spering
15:45	Javelin	Matt Bee	Jason Spering	
<b>under 13</b>	11:45	High Jump [1.05m]	Haran Dunderdale	Alex Humberstone
	12:00	200	Josh Drotleff	Dylan Love
	12:40	800	Alex Humberstone	Alex Willerton
	13:00	Shot [3.25k]	Haran Dunderdale	Josh Drotleff
	13:45	75 Hurdles	Haran Dunderdale	Josh Drotleff
	14:15	Long Jump	Alex Humberstone	Alex Willerton
	15:00	100	Dylan Love	Alex Willerton
15:35	1500	Nathan Fawcett	Dylan Love	

ATHLETES IN THE U13 AGE GROUP MAY NOT COMPETE IN MORE THAN ONE EVENT BETWEEN 600m AND 1500m  
 ATHLETES IN THE U15 AGE GROUP MAY NOT COMPETE IN MORE THAN ONE EVENT BETWEEN 600m AND 3000m.  
 ATHLETES MAY COMPETE IN A MAXIMUM OF 4 EVENTS OF WHICH AT LEAST ONE SHOULD BE A RELAY [ONLY 3 INDIVIDUAL EVENTS]

<b>U15 4 X 100 16:10</b>
Liam Clarke      Lewis Goddard
Lewis Stephenson      Jason Spering
<b>U15 4 X 400 16:55</b>
Adam Baker      Jack Culpin
Matt Bee      James Bermingham

PLEASE HAND IN THIS COMPLETED SHEET AT LEAST 20 MINS BEFORE EVENT 1.



## TEAM DECLARATION FORM - FEMALE

<b>CLUB NAME</b>	<b>CLUB NUMBER(S)</b>
<b>TEAM MANAGER(S)</b>	

2008 EVENT ORDER		ATHLETE 'A'	ATHLETE 'B'
under 17	11:30	Hammer [4k]	Laura McMunn Holly Haywood
	11:45	300 Hurdles	
	11:45	Long Jump	Laura McMunn Jenny Vigurs
	12:00	200	Mary - Ann Phillips Shireen Timmis
	12:40	800	Hestor Talbot Jenny Vigurs
	13:00	Pole Vault	
	13:30	High Jump [1.25m]	Mary - Ann Phillips Shireen Timmis
	13:45	Discus	Hestor Talbot Becky Dobson
	14:00	3000	
	14:15	80 Hdls	
	14:45	300	Mary - Ann Phillips Hestor Talbot
	14:45	Javelin	Holly Haywood Becky Dobson
	15:00	100	Shireen Timmis Michelle Finch
	15:30	Shot	Holly Haywood Gemma Sellwood
	15:35	1500	Francis Aitchison - Boundy Becky Dobson
15:45	Triple Jump		

2008 EVENT ORDER		ATHLETE 'A'	ATHLETE 'B'
under 15	11:45	Long Jump	Rebecca Wells Lucy Helas
	12:00	200	Caitlin Lynch Vicki Lawrence
	12:40	800	Megan Ball Jasmin Cornwell
	13:30	High Jump [1.15m]	Hannah Dunderdale Vicki Lawrence
	13:45	75Hdls	Hannah Dunderdale Megan Ball
	13:45	Discus	Lyndsey Campbell Jasmin Cornwell
	14:45	Javelin	Lyndsey Campbell Vicki Lawrence
	15:00	100	Caitlin Lynch Lucy Helas
	15:30	Shot	Lyndsey Campbell Hannah Dunderdale
	15:35	1500	Libbie Read Rebecca Wells
under 13	11:45	High Jump [1.05m]	Catrina Thomas Allison Mouzon
	12:00	150	Rhiannon Philps Ellie Mason - Powers
	12:40	800	Katie McMunn Emma Tonner
	13:00	Shot [2.72k]	Katie McMunn Ellie Mason - Powers
	13:20	70 Hdls	Katie McMunn Catrina Thomas
	14:15	Long Jump	Amy Clarke Emma Tonner
	14:30	1200	Rhiannon Philps Catrina Thomas
15:00	75	Amy Clarke Allison Mouzon	

**OFFICIALS: SIGN IN AND REPORT FOR DUTY TO ENSURE POINTS.**  
**4 & 5 CLUB MATCHES**  
**2 TRACK JUDGES AND 2 TIMEKEEPERS**  
**6 FIELD JUDGES**  
**(AT LEAST 2 FJ's QUALIFIED)**  
**6 TO 8 TEAM MATCHES**  
**1 TRACK JUDGE AND 1 TIMEKEEPER 3**  
**FIELD JUDGES**  
**(AT LEAST 1 FJ QUALIFIED)**

<b>U17 4 X 100 16:10</b>	
Mary-Ann Phillips	Michelle Finch
Laura Ware	Shireen Timmis
<b>U17 4 X 300 16:55</b>	
Laura Ware	Holly Haywood
Gemma Sellwood	Laura McMunn

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 ATHLETES IN THE U15 AGE GROUP MAY NOT COMPETE IN MORE THAN ONE EVENT BETWEEN 600m AND 3000m.  
 ATHLETES MAY COMPETE IN A MAXIMUM OF 4 EVENTS OF WHICH AT LEAST ONE SHOULD BE A RELAY  
 [ONLY 3 INDIVIDUAL EVENTS]

<b>U13 4 X 100 16:10</b>	
Katie McMunn	Amy Clarke
Rhiannon Philps	Ellie Mason - Powers
<b>U15 4 X 100 16:10</b>	
Caitlin Lynch	Hannah Dunderdale
Megan Ball	Libbie Read

PLEASE HAND IN THIS COMPLETED SHEET AT LEAST 20 MINS BEFORE EVENT 1.