

LWAC 2007 TRACK & FIELD RANKINGS (Senior Men – season best only)

<u>Event</u>	<u>Athlete</u>	<u>Time</u>	<u>Event</u>	<u>Athlete</u>	<u>Time</u>	
100m	Daniel Hill	11.7	3000 S/Chase	Matt Bowser	9.28.8	
	Malcolm Bramhall (V45)	12.2		Mark Baddeley	9.59.0	
	Jim Slater	12.4		Mark Afford	10.36.52	
	Steve Swaby	12.50	HJ	Paul Hodgkinson	1.80m	
	Geoff Powley (V45)	13.0		Steve Swaby	1.60m	
200m	Daniel Hill	23.6		Geoff Powley (V45)	1.51m	
	Matt Bowser	23.8		Adrian White (V35)	1.50m	
	Malcolm Bramhall (V45)	24.50	PV	Adrian White (V35)	3.30m	
	Steve Swaby	25.2		Geoff Powley (V45)	3.00m	
	Geoff Powley (V45)	26.6		Steve Swaby	2.40m	
300m	Malcolm Bramhall (V45)	39.0	LJ	Steve Swaby	5.82m	
400m	Matt Bowser	51.0		Paul Hodgkinson	5.19m	
	Malcolm Bramhall (V45)	54.0		Geoff Powley (V45)	5.17m	
	Dan Eyre	54.6		Adrian White (V35)	4.79m	
	Adrian Marston (V45)	55.45	TJ	Steve Swaby	10.15m	
	Geoff Powley (V45)	58.0		Adrian White (V35)	10.00m	
	Phil Ardron (V50)	65.4		Geoff Powley (V45)	9.66m	
800m	John Moore (V55)	65.5	Shot	Russ Muhl	9.48m	
	Matthew Bowser	1.50.68		Adrian White (V35)	9.34m	
	Tom Doe	1.54.51		Jim Slater	9.20m	
	Will Strangeway	1.59.2		Geoff Powley (V45)	9.17m	
	Phil Williams	2.01.7		Les Ball (V40)	5.74m	
	Les Ball (V40)	2.06.3	Discus	Jim Slater	37.29m	
	Adrian Marston (V45)	2.13.18		Adrian White (V35)	28.75m	
	Geoff Powley (V45)	2.23.9		Jeoff Powley (V45)	24.77m	
1500m	Mick Jagger (V35)	2.43.7	Hammer	Adrian White (V35)	29.83m	
	Matt Bowser	3.44.81		Geoff Powley (V45)	25.55m	
	Tom Doe	3.52.18		Jim Slater	21.52m	
	Ian Kimpton	4.05.8	Javelin	Geoff Powley (V45)	41.20m	
	Phil Williams	4.06.0		Russ Muhl	41.06m	
	Les Ball (V40)	4.14.5		Adrian White (V35)	37.79m	
	Will Strangeway	4.14.7		Steve Swaby	37.09m	
	Mark Baddeley	4.16.8		Decathlon	Geoff Powley	5643 pts
	Josh Stone	4.18.9				
	David Wright	4.47.2	4 x 100		46.8	
	Geoff Powley (V45)	5.02.80				
	Mile	Matt Bowser	4.22.36	4 x 400	Steve Gregory (U20)	3.25.8
Ian Kimpton		4.28.8	Nathan Cox (U17)			
3000m	Tom Doe	8.26.80	Tom Duffield (U20)			
	Ian Kimpton	8.47.82	Matt Bowser (SM)			
	Phil Williams	9.14.0				
	Les Ball (V40)	9.22.5				
	Andy Swearman	9.31.8				
	Josh Stone	9.46.0				
5000m	Ian Kimpton	15.21.9				
	Josh Stone	16.04.3				
	Andy Swearman	16.16.1				
	Mick Jagger (V35)	16.26.4				
	David Wright	18.43.2				
	Geoff Powley (V45)	21.04.7				
10000m	Ian Kimpton	32.32.94				
	Mark Baddeley	34.19.1				
	Josh Stone	35.55.6				
110mH	Mark Afford	18.47				
	Adrian White	19.5				
	Geoff Powley (V45)	19.60				
400mH	Geoff Powley (V45)	65.7				
	Adrian White (V35)	76.3				

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<u>Event</u>	<u>Athlete</u>	<u>Time</u>	<u>Event</u>	<u>Athlete</u>	<u>Time</u>	
100m	Lydia Chamberlin	12.6	Shot	Lydia Chamberlin (4k)	10.72m	
	Nina Swaby	13.7		Karri Davey (4k)	6.94m	
	Denise Timmis (V45)	14.13		Janette Dunderdale (4k)	6.86m	
	Hayley Fox	14.3		Kathleen Warhurst (V40) (4k)	5.53m	
	Kathleen Warhurst (V40)	15.41		Dot Fraser (V70) (4k)	5.45m	
	Dot Fraser (V70)	16.95		Denise Campbell (V45W) (4k)	5.22m	
200m	Lydia Chamberlin	26.83	Discus	Hayley Fox	23.93m	
	Rowena Harrison	28.2		Kathleen Warhurst (V40)	18.34m	
	Denise Timmis (V45)	28.95		Janette Dunderdale	18.18m	
	Kathleen Warhurst (V40)	32.2		Karri Davey	16.50m	
	Dot Fraser (V70)	35.08	Hammer	Hayley Fox (4k)	27.57m	
	Denise Campbell (V45)	36.6		Karri Davey (4k)	24.02m	
400m	Rowena Harrison	64.0	Kathleen Warhurst (V40) (4k)	22.95m		
	Denise Timmis (V45)	66.1		Denise Campbell (V45) (4k)	13.24m	
	Tertia Ritchie	67.2	Dot Fraser (V70) (3k)	18.98m		
	Liz Ward	70.2		Javelin	Lydia Chamberlin (600g)	25.97m
	Susie Ardron (V45)	70.6	Karri Davey (600g)		22.03m	
	Kathleen Warhurst (V40)	74.7	Nina Swaby (600g)		21.50m	
	Dot Fraser (V70)	79.44	Hayley Fox (600g)		17.98m	
	800m	Lucinda Pitcher	2.30.3		Kathleen Warhurst(600g)(V40)	14.89m
Rachael Nathan		2.31.6	Denise Campbell (600g)		13.23m	
Tertia Ritchie		2.38.1	Dot Fraser (V70) (400g)	7.58m		
Susie Ardron (V45)		2.37.2	Hept	Lydia Chamberlin	4237pts	
Lydia Chamberlin		2.42.63		4 x 100m	Rowena Harrison	
Kathleen Warhurst (V40)		2.46.0	Lydia Chamberlin			
1500m	Lucinda Pitcher	4.48.4	Denise Timmis			
	Rachael Nathan	5.08.7	Shireen Timmis (U17)		53.0	
	Rebecca Rowley	5.17.0	4 x 400m		Tertia Ritchie (SL)	
	Susie Ardron (V45)	5.18.17			Lara Thomas (U17)	
	Harriet Canter	5.18.2		Denise Timmis (V45)		
3000m	Lucinda Pitcher	10.25.56	Katrina Sutcliffe (U17)	4.27.2		
	Harriet Canter	10.31.26				
	Susie Ardron (V45)	11.37.3				
5000m	Harriet Canter	18.36.8				
100H	Lydia Chamberlin	15.85				
	Nina Swaby	20.15				
400H	Nina Swaby	77.34				
	Kathleen Warhurst (V40)	98.7				
PV	Hayley Fox	2.40m				
LJ	Lydia Chamberlin	5.22m				
	Denise Timmis (V45)	4.66m				
	Nina Swaby	4.13m				
	Karri Davey	3.97m				
	Hayley Fox	3.82m				
TJ	Nina Swaby	8.73m				
	Hayley Fox	8.48m				
	Janette Dunderdale	7.04m				
HJ	Lydia Chamberlin	1.53m				
	Nina Swaby	1.30m				
	Karri Davey	1.20m				

LWAC 2007 TRACK & FIELD RANKINGS (U20 Men – season best only)

<u>Event</u>	<u>Athlete</u>	<u>Time</u>
100m	Tom Duffield	11.4
	Ashley Smith	12.7
	Craig Maskell	13.0
200m	Thomas Duffield	23.1
	Steve Gregory	24.0
	Ashley Smith	25.7
400m	Steve Gregory	50.3
	Thomas Duffield	50.7
	Ashley Smith	53.2
	Mark Plaskett	54.6
	Craig Maskell	54.9
	Chris Fullerton	55.0
	Ryan Smith	56.3
800m	Chris Fullerton	2.00.39
	Ashley Smith	2.01.82
	Steve Gregory	2.02.8
	Craig Maskell	2.03.4
	Mark Plaskett	2.04.2
	Cedric Garampon	2.06.0
	Beren Cross	2.08.68
	Ryan Smith	2.09.2
	Craig Maskell	2.12.3
	Paul Samways	2.13.9
	Alex Thomas	2.14.6
1500m	Chris Fullerton	4.18.9
	Craig Maskell	4.20.8
	Ashley Smith	4.21.0
	Beren Cross	4.36.0
	Paul Samways	4.44.5
3000m	Phil Pocknee	10.22.6
	Paul Samways	10.45.0
5000m	Paul Samways	17.16.9
	Ryan Smith	10.20.0
400mH	Ryan Smith	62.15
	Ashley Smith	63.0
3000m S/Chase	Cedric Garampon	9.42.6
	Ashley Smith	12.37.6
2000m S/Chase	Ashley Smith	7.30.2
HJ	Steve Gregory	1.75m
	Cedric Garampon	1.60m
	Ashley Smith	1.45m
LJ	Sean Ryan	5.48m
	Tom Duffield	5.01m
TJ	Ashley Smith	11.20m
4 x 400		3.50.0
Javelin	Sean Ryan (800g)	42.94m
Discus	Ashley Smith	17.12m

LWAC 2007 TRACK & FIELD RANKINGS (U20 Women – season best only)

<u>Event</u>	<u>Athlete</u>	<u>Time</u>
100m	Sarah Kimpton	15.90
800m	Sarah Kimpton	2.49.15
1500m	Harriet Needham	5.14.6
	Sarah Kimpton	5.28.31
3000m	Sarah Kimpton	11.30.0
5000m	Sarah Kimpton	19.37.28

LWAC 2007 TRACK & FIELD RANKINGS (U17 Men – season best only)

<u>Event</u>	<u>Athlete</u>	<u>Time</u>	<u>Event</u>	<u>Athlete</u>	<u>Time</u>	
100m	Chris Leslie	11.7	1500m	Shane Robinson	4.35.5	
	Matt Houlden	12.07	S/Chase	Stuart Campbell	4.51.0	
	Neil Humberstone	12.2		Josh Spering	5.24.3	
	Chris Leslie	12.20		Ben Rowe	5.28.0	
	200m	Jonny Coddling	12.20	LJ	Matt Houlden	5.27m
		Arron Hull	12.50		Nathan Cox	5.17m
		Nathan Cox	12.5		Adam Webb	5.03m
		Josh Sperring	13.5		Neil Humberstone	5.00m
Gavin Campbell		14.9	Chris Leslie		4.51m	
400m		Nathan Cox	24.3	PV	Josh Spering	2.30m
		Jonny Coddling	24.70		Gavin Campbell	2.10m
		Matt Houlden	24.7	100mH	Ben Rowe	19.0
		Chris Leslie	24.9		Neil Humberstone	19.6
		Jack Cornwell	25.4		Gavin Campbell	21.2
	Arron Hull	25.8	Josh Spering		21.8	
	Neil Humberstone	25.9	400mH		Neil Humberstone	65.2
	Josh Bowden	26.0		Ben Rowe	65.5	
	Adam Webb	26.5		Josh Bowden	66.7	
	800m	Chris Woodger	27.5	Hammer	Henry Naughton	23.62m
Gavin Campbell		30.1	Jack Cornwell		17.04m	
Nathan Cox		53.0	Neil Humberstone		12.13m	
1500m		Jack Skeet	53.0	Discus	Danny Martin (1.5k)	18.65m
		Josh Spering	55.3		Jack Cornwell (1.5k)	16.76m
		Tom Straw	53.9	Shot	Josh Bowden (5k)	8.67m
		Neil Humberstone	55.9		Danny Martin (5k)	8.32m
		Arron Hull	56.0		Chris Woodger (5k)	8.08m
		Shane Robinson	56.2		Shane Robinson (5k)	6.32m
		Henry Naughton	56.7		HJ	Chris Woodger
	Jack Cornwell	56.9	Matt Holden	1.55m		
	Stuart Campbell	57.2	Jack Skeet	1.50m		
	3000m	Chris Woodger	57.8	TJ	Stuart Campbell	1.45m
Jack Skeet		2.00.3	Javelin		Matt Houlden	12.81m
Tom Straw		2.01.65			Adam Webb	12.55m
Shane Robinson		2.04.53		Josh Bowden	11.46m	
Stuart Campbell		2.07.4		Shane Robinson	9.94m	
Henry Naughton		2.10.8		Stuart Campbell	9.94m	
5000m		Jack Cornwell	2.10.9	4 x 100	Jonny Coddling	49.6
		Christopher Woodger	2.11.8		Adam Webb	
		Josh Spering	2.12.0		Neil Humberstone	
		Will Watson	2.12.7		Chris Leslie	
	Ben Rowe	2.12.7	Jack Skeet			
	Mile	Jonathan Humberstone	2.14.8	4 x 400	Henry Naughton	3.46.5
		Neil Humberstone	2.24.9		Josh Bowden	
		Gavin Campbell	2.29.5		Jack Cornwell	
		Tom Straw	4.13.3			
		Shane Robinson	4.16.7			
3000m		Jack Skeet	4.21.5			
		Josh Spering	4.32.7			
		Stuart Campbell	4.37.6			
		Ben Rowe	4.42.5			
		Will Watson	4.43.5			
	5000m	Chris Woodger	4.43.8			
		Gavin Campbell	5.10.1			
		Shane Robinson	9.28.1			
		Gavin Campbell	9.40.0			
		Stuart Campbell	9.59.1			
Josh Spering		10.01.0				
Chris Woodger		10.05.1				
Jonathan Humberstone		10.45.8				
5000m		Shane Robinson	16.53.7			
		Chris Woodger	18.22.3			

LWAC 2007 TRACK & FIELD RANKINGS (U17 Women – season best only)

Event	Athlete	Time	Event	Athlete	Time	
100m	Shireen Timmis	12.87	Discus	Nina Sharpe (1k)	13.62m	
	Katrina Sutcliffe	14.0		Holly Haywood (1k)	11.42m	
	Alex Caskie	14.1		Georgia Ball (1k)	11.36m	
	200m	Ellie Clarke	14.5	Javelin	Holly Haywood (600g)	16.36m
		Ruby Coupland	15.6		Ruby Coupland (600g)	16.15m
		April Bontoft	16.2		Rebecca Dobson (600g)	13.84m
		Nina Sharpe	16.3		Sarah Davey (600g)	13.62m
300m		Shireen Timmis	26.84	Hammer	Ellie Clarke (4k)	13.00m
		Lara Thomas	27.7		Shot	Emily Hardy
		Rebecca Dobson	28.5	Nina Sharpe (4k)		5.23m
	Katrina Sutcliffe	28.8	Holly Haywood (4k)	5.00m		
	Vicki Lawrence	29.1	4 x 100m	Rebecca Dobson		
	Ellie Clarke	29.5		Shireen Timmis		
	Jennie Vigurs	32.1		Sarah Davey		
April Bontoft	32.8		Holly Haywood	56.8		
400m	Lara Thomas	42.6	4 x 200m		1.58.5	
	Rebecca Dobson	44.8		4 x 400m	Ellie Clarke	
	Katrina Sutcliffe	45.0	Sarah Davey			
	Ellie Clarke	47.1	Katrina Sutcliffe			
	Sarah Davey	45.8	Lara Thomas	4.22.8		
	Nina Sharpe	50.5				
800m	Lara Thomas	60.8				
	Ellie Clarke	63.2				
	Rebecca Dobson	63.5				
	Leanne Reid	71.3				
	1500m	Lara Thomas	2.16.6			
		Blue Haywood	2.19.8			
		Georgia Ball	2.20.2			
		Rebecca Dobson	2.20.5			
Sarah Davey		2.23.6				
Katrina Sutcliffe		2.35.4				
Holly Haywood		2.41.7				
Charlotte Spratt		2.41.8				
3000m	Blue Haywood	4.35.59				
	Georgia Ball	4.43.6				
	Lara Thomas	4.57.4				
	Chelsea Coyle	5.20.7				
	Sarah Davey	5.20.9				
	Holly Haywood	5.35.0				
	Leanne Reid	5.35.6				
	Charlotte Spratt	6.01.01				
	April Bontoft	6.37.8				
5000m	Blue Haywood	9.42.05				
	Georgia Ball	10.29.7				
	Holly Haywood	12.05.0				
80mH	Ruby Coupland	15.9				
100mH	Emily Hardy	20.7				
300mH	Katrina Sutcliffe	51.7				
400mH	Katrina Sutcliffe	73.8				
LJ	Shireen Timmis	4.05m				
	Katrina Sutcliffe	3.77m				
HJ	Emily Hardy	1.35m				

LWAC 2007 TRACK & FIELD RANKINGS (U15 Boys – season best only)

<u>Event</u>	<u>Athlete</u>	<u>Time</u>	<u>Event</u>	<u>Athlete</u>	<u>Time</u>
100m	Matthew Moore	12.7	80mH	Joe Dunderdale	14.2
	Joe Dunderdale	13.2		Matt Dale	16.4
	Simon Parr	13.4		Adam Baker	19.4
	Ian Maplethorpe	14.0	Hammer	Matt Keeton	22.63m
	Kyle Fawcett	14.9		Adam Taylor	20.87m
	Adam Baker	16.2			
200m	Matthew Moore	26.3	Pent	Jo Dunderdale	2032pts
	Jack Thomas	27.1	4 x 100	Matt Moore	59.0
	Matt Bee	27.4		Adam Baker	
	Simon Parr	27.5		Adam Taylor	
	Joe Dunderdale	27.8		Kyle Fawcett	
	Ian Maplethorpe	28.1	4 x 400	Matt Bee	4.15.2
Adam Baker	32.1	Simon Parr			
400m	Simon Parr	58.6	Ian Maplethorpe		
	Joe Dunderdale	59.54	Joe Dunderdale		
	Ian Maplethorpe	59.7			
	Kyle Fawcett	65.0			
	Adam Baker	68.7			
800m	Nathan Page	2.11.9			
	Simon Parr	2.13.0			
	Ian Maplethorpe	2.15.4			
	Joe Dunderdale	2.23.3			
	Matt Bee	2.28.8			
	Kyle Fawcett	2.30.08			
	Adam Taylor	2.35.5			
1500m	Ian Maplethorpe	4.31.68			
	Jack Thomas	4.46.8			
	Joe Dunderdale	4.57.2			
	Kyle Fawcett	4.58.4			
	Matt Bee	4.58.4			
	Adam Baker	5.07.06			
3000m	Ian Maplethorpe	9.58.11			
	Jack Thomas	10.18.7			
	Matt Bee	10.28.2			
	Joe Dunderdale	10.41.6			
LJ	Joe Dunderdale	4.97m			
	Ian Maplethorpe	4.28m			
	Jack Thomas	4.20m			
	Simon Parr	3.98m			
	Matt Bee	3.94m			
	Kyle Fawcett	3.80m			
HJ	Joe Dunderdale	1.45m			
	Adam Baker	1.25m			
TJ	Joe Dunderdale	10.03m			
Shot	Joe Dunderdale (4k)	9.65m			
	Adam Taylor (4k)	9.37m			
	Matt Keeton (4k)	7.25m			
	Simon Parr (4k)	6.89m			
Discus	Joe Dunderdale (1.25k)	27.85m			
	Matt Keeton (1.25k)	18.96m			
Javelin	Joe Dunderdale (600g)	37.75m			
	Simon Parr (600g)	33.44m			
	Adam Taylor (600g)	29.88m			
	Matt Keeton (600g)	20.54m			
	Adam Baker (600g)	11.25m			

LWAC 2007 TRACK & FIELD RANKINGS (U15 Girls – season best only)

<u>Event</u>	<u>Athlete</u>	<u>Time</u>	<u>Event</u>	<u>Athlete</u>	<u>Time</u>	
100m	Mary-Ann Phillips	12.7	HJ	Mary-Anne Phillips	1.43m	
	Caitlin Lynch	13.4		Vicki Lawrence	1.35m	
	Vicki Lawrence	14.3		Lauryn Burley	1.35m	
	Jasmine Cornwell	14.5		Lindsay Campbell	1.08m	
	Laura McMunn	14.6		Laura Maplethorpe	1.05m	
	Charlotte Clark	14.8		LJ	Mary-Ann Phillips	4.49m
	Michelle Finch	15.01			Vicki Lawrence	4.25m
	Rebecca Wells	15.1			Charlotte Clark	4.11m
	Lauryn Burley	15.9			Laura McMunn	3.86m
Laura Maplethorpe	16.5	Lauryn Burley	3.79m			
200m	Mary-Ann Phillips	26.1	Rebecca Wells	3.79m		
	Caitlin Lynch	26.9	Hester Talbot	3.71m		
	Jasmine Cornwell	28.4	Lindsay Campbell	3.48m		
	Dea-anna Davey	28.9	Laura Maplethorpe	3.11m		
	Vicki Lawrence	29.0	Megan Ball	2.84m		
	Hester Talbot	29.5	Javelin	Vicki Lawrence (600g)	20.12m	
	Laura McMunn	29.70		Lauryn Burley (600g)	17.30m	
	Rebecca Wells	30.5		Laura Maplethorpe (600g)	13.90m	
	Michelle Finch	30.97		Lindsay Campbell (600g)	11.03m	
300m	Mary-Ann Phillips	41.6	Discus	Hester Talbot	13.12m	
	Dea-anna Davey	45.0		Lindsay Campbell	12.77m	
	Hester Talbot	45.9		Dea-anna Davey	11.22m	
	Jasmine Cornwell	47.47		Shot	Lauryn Burley (3.25k)	6.72m
	Laura McMunn	48.09			Laura Maplethorpe (3.25k)	6.11m
Megan Ball	48.4	Lindsay Campbell (3.25k)	5.40m			
800m	Dea-anna Davey	2.18.57	Jasmine Cornwell (3.2k)		5.22m	
	Hester Talbot	2.23.00	TJ		Lauryn Burley	7.36m
	Mary-Ann Phillips	2.26.7		Hammer	Lindsay Campbell	22.78m
	Vicki Lawrence	2.28.2	Lauryn Burley		19.76m	
	Ellie Jones	2.28.55	Laura Maplethorpe		19.06m	
	Jasmine Cornwell	2.30.4	Pent	Lindsay Campbell	940pts	
	Megan Ball	2.30.3		Laura Maplethorpe	847pts	
	Gemma Selwood	2.36.1		4 x 100m	Charlotte Clark	54.8
	Laura McMunn	2.39.00	Laura McMunn			
	Rebecca Wells	2.46.6	Caitlin Lynch			
	Lauryn Burley	3.09.4	Mary-Ann Phillips			
	Lindsay Campbell	3.16.9	4 x 200m			2.03.5
	Laura Maplethorpe	3.18.0				
1500m	Dea-anna Davey	4.55.6				
	Hester Talbot	4.59.3				
	Ellie Jones	5.10.0				
	Laura Donnelly	5.15.9				
	Megan Ball	5.17.0				
	Laura McMunn	5.31.6				
	Vikki Lawrence	5.32.0				
	Jasmine Cornwell	5.34.1				
	Gemma Selwood	5.36.3				
	Libby Read	5.44.0				
	Rebecca Wells	5.49.7				
Sheridan McWilliam	5.56.2					
1 Mile	Dea-anna Davey	5.29.08				
3000m	Dea-anna Davey	11.07.5				
	Ellie Jones	12.04.0				
	Sheridan McWilliam	12.53.3				
75mH	Lauryn Burley	14.2				
	Laura Maplethorpe	18.5				
	Lindsay Campbell	18.6				
	Megan Ball	22.4				

LWAC 2007 TRACK & FIELD RANKINGS (U13 Boys – season best only)

<u>Event</u>	<u>Athlete</u>	<u>Time</u>
100m	Danny Elliot	14.1
	Josh Drotleff	14.31
	Haran Dunderdale	14.6
	James Hulme	14.7
	Dylan Love	15.1
	Joe Small	15.6
	Joshua Malt	16.5
200m	Josh Drotleff	30.1
	Dylan Love	30.80
	Haran Dunderdale	31.3
	Anthony Read	33.3
	Joe Small	33.6
	Connor Malt	35.7
600m	Haran Dunderdale	1.47.9
800m	Haran Dunderdale	2.27.5
	Dylan Love	2.36.69
	Danny Elliot	2.39.6
	Joshua Malt	2.57.5
1500m	Haran Dunderdale	5.00.9
	Dylan Love	5.22.8
	Anthony Read	5.38.1
3000m	Haran Dunderdale	10.48.5
75mH	Haran Dunderdale	14.8
	Danny Elliot	15.0
	James Hulme	16.2
	Anthony Read	16.6
	Joe Small	17.8
LJ	Haran Dunderdale	4.11m
	Josh Drotleff	3.83m
	James Hulme	3.53m
	Dylan Love	3.52m
	Connor Malt	2.53m
Shot	Haran Dunderdale (3.25k)	7.04m
	Josh Drotleff (3.25k)	6.50m
	Joe Small (3.25k)	6.04m
	Connor Malt (3.25k)	3.64m
	Joshua Malt (3.25k)	3.46m
	Dylan Love (3.25k)	3.03m
Javelin	Haran Dunderdale	28.25m
HJ	Haran Dunderdale	1.39m
Discus	Haran Dunderdale	20.07m
4 x 100m	Joshua Drotleff	
	James Hulme	
	Haran Dunderdale	
	Dylan Love	59.7
Pent	Haran Dunderdale	1382pts

LWAC 2007 TRACK & FIELD RANKINGS (U13 Girls – season best only)

<u>Event</u>	<u>Athlete</u>	<u>Time</u>	<u>Event</u>	<u>Athlete</u>	<u>Time</u>
75m	Hannah Dunderdale	11.1	Shot	Hannah Dunderdale (2.75k)	10.14m
	Lucy Helas	11.3		Arlayna Davey (2.75k)	7.68m
	Katie McMunn	11.5		Katie McMunn (2.75k)	6.08m
	Jessica Crampton	11.8		Sally Cairns (2.75k)	4.84m
	Rhiannon Philps	13.1		Lucy Helas (2.75k)	4.07m
80m	Hannah Dunderdale	12.1	Javelin	Hannah Dunderdale (400g)	28.25m
	Lucy Helas	12.7		Arlayna Davey (400g)	22.54m
	Katie McMunn	12.83		Bo Haywood (400g)	7.10m
100m	Hannah Dunderdale	13.9	Hammer	Arlayna Davey	20.72m
	Lucy Helas	14.70		Jessica Crampton	9.45m
	Katie McMunn	14.8	Discus	Hannah Dunderdale (0.75k)	27.32m
	Jessica Crampton	15.30		Arlayna Davey (0.75k)	19.42m
	Emma Tonner	16.2		Arlayna Davey (1k)	13.27m
150m	Hannah Dunderdale	21.3	4 x 100	Katie McMunn	
	Lucy Helas	22.4		Hannah Dunderdale	
	Katie McMunn	22.6		Lucy Helas	
	Jessica Crampton	23.6		Jessica Crampton	58.0
	Rhiannon Philps	23.7			
200m	Hannah Dunderdale	28.0	4 x 200		2:07.7
	Lucy Helas	30.36			
	Katie McMunn	30.4			
600m	Hannah Dunderdale	1:47.8	Pent	Hannah Dunderdale	2574pts
800m	Hannah Dunderdale	2:32.7			
	Bo Haywood	2:43.6			
	Katie McMunn	2:48.8			
	Mary Lester	2:49.9			
	Emma Tonner	2:50.2			
	Lucy Helas	2:50.9			
	Rhiannon Philps	2:58.2			
	Rhiannon Fieldson	3:07.4			
	Sally Cairns	3:23.1			
1200m	Bo Haywood	4:20.3			
	Lucy Helas	4:29.7			
	Rhiannon Philps	4:33.2			
1500m	Bo Haywood	5:28.8			
	Rhiannon Philps	5:57.3			
	Emma Tonner	6:07.9			
	Mary Lester	6:08.6			
1 Mile	Bo Haywood	5:54.8			
70mH	Hannah Dunderdale	11.36			
	Katie McMunn	13.36			
	Rhiannon Philps	17.6			
75mH	Hannah Dunderdale	13.0			
LJ	Hannah Dunderdale	4.66m			
	Katie McMunn	3.85m			
	Megan Reynolds	3.65m			
	Emma Tonner	3.63m			
	Lucy Helas	3.22m			
	Arlayna Davey	2.83m			
	Bo Haywood	2.83m			
	Sally Cairns	2.75m			
	Rhiannon Philps	2.40m			
HJ	Hannah Dunderdale	1.33m			
	Katie McMunn	1.20m			
	Lucy Helas	1.05m			
	Emma Tonner	1.05m			

LWAC 2007 TRACK & FIELD RANKINGS (U11 Boys – season best only)

<u>Event</u>	<u>Athlete</u>	<u>Time</u>
80m	Alex Humberstone	12.3
150m	Alex Humberstone	22.6
200m	Alex Humberstone	31.0
600m	Alex Humberstone	1.50.8
800m	Alex Humberstone	2.45.0
LJ	Alex Humberstone	4.09m

LWAC 2007 TRACK & FIELD RANKINGS (U11 Girls – season best only)

<u>Event</u>	<u>Athlete</u>	<u>Time</u>
80m	Hayley Flint	13.90
	Charlotte Flint	15.70
150m	Catrina Thomas	24.45
200m	Catrina Thomas	33.3
600m	Catrina Thomas	1.56.86
800m	Catrina Thomas	2.45.3
1500m	Catrina Thomas	5.29.6
LJ	Hayley Flint	3.15m