

City of Lincoln – Jackson Building Centres

10k Roadrace



Date: Sunday 25th March 2007 11.00 am Start

Electronic Timing will be used in the 2007 race

- UK ATHLETICS MEASURED COURSE ALONG LINCOLN'S HISTORIC STREETS. PERMIT NUMBER APPLIED FOR
- EIS TROPHY AND PRIZE MONEY OF £100 EACH FOR 1ST MALE AND FEMALE, £50 2ND MALE AND FEMALE, £25 3RD MALE AND FEMALE SPONSORED BY ERINACEOUS INSURANCE SERVICES LIMITED
- BRITISH RED CROSS & RACE DOCTORS IN ATTENDANCE THROUGHOUT THE DAY
- CITY OF LINCOLN "WHEELCHAIR TROPHY" UNDER DSE RULES AND REGULATIONS 10.55 am START
- REFRESHMENTS AVAILABLE AT YARBOROUGH LEISURE CENTRE AND LINCOLN CASTLE
- T-SHIRTS & TROPHIES FOR AGE CATEGORY WINNERS SPONSORED BY "JACKSON BUILDING CENTRES"
- RILMAC GROUP "CHALLENGE CUP" TEAM PRIZE (3 Male & 3 Female)
- LINCOLN WELLINGTON A.C TEAM TROPHIES (4 Male & 4 Female)
- LINCOLNSHIRE ECHO "PRIMARY SCHOOL CHALLENGE CUP" - SCHOOL YEARS 5-6
- RUNNING IMP INTERNATIONAL "SECONDARY SCHOOL RACE" - SCHOOL YEARS 7-10 inc
- APPLICATION FORMS AVAILABLE ON WEBSITE OR BY TELEPHONE/EMAIL REQUEST. (SEE CONTACT DETAILS BELOW)
- SPECTACULAR FINISH IN LINCOLN CASTLE INCORPORATING THE ROMAN PRIME MILE
- HOSPITALITY SPONSORED BY YARBOROUGH LEISURE CENTRE



Entry fees: **£12 Affiliated/ £14 Unaffiliated.** (Please include an extra £2.00 per entrant for post, packaging and administration)
Competitors must be aged 15 or over on the day of the race.
Entries must be received by Monday 12th March 2007.
"NO ENTRIES ON THE DAY". Photocopies and Universal Entry forms accepted – please use a separate form for each entry.



Please send application forms to:

Lincoln 10k Event Officer, Leisure Services, City of Lincoln Council, City Hall, Beaumont Fee, Lincoln, LN1 1DE.

Telephone enquiries: (01522) 873792
 e-mail enquiries: 10keventofficer@lincoln.gov.uk

On-line entry available at: www.lincoln.gov.uk



**The 11th Annual
City of Lincoln - Jackson Building Centres
10k Road Race 2007**



CITY OF
Lincoln
COUNCIL

Race Number
(for office use only)

Full Name: _____

Title (Mr/Miss/Mrs/Ms etc): _____ Male/Female: Male Female

Address: _____

Post Code: _____ Telephone number: _____

E-mail address: _____

Age on 2nd April 2006: _____ Wheelchair Athlete (if yes please tick)

Age Category: 15 - 19 20 - 29 30 - 39 40 - 49 50+

Are you a member of an affiliated running club? (Y/N): _____

Rilmac group cup team name: _____
(N.B. A team consists of 3 males **AND** 3 females)

Athletic club name: _____
(N.B. A team consists of 4 males **AND** 4 females)

Estimated time to finish course: Minutes _____ Seconds _____

Please tick this box if you do not wish to raise money for the British Heart Foundation:

Do you have any stories you think the press may be interested in?

Are you a resident of the City of Lincoln? Yes No

How would you describe your ethnic origin?

White:	Black/British:	Mixed:	Asian/British:
British <input type="checkbox"/>	Caribbean <input type="checkbox"/>	White/Black Caribbean <input type="checkbox"/>	Indian <input type="checkbox"/>
Irish <input type="checkbox"/>	African <input type="checkbox"/>	White/Black African <input type="checkbox"/>	Pakistani <input type="checkbox"/>
White Other <input type="checkbox"/>	Black Other <input type="checkbox"/>	White/Asian <input type="checkbox"/>	Bangladeshi <input type="checkbox"/>
		Mixed Other <input type="checkbox"/>	Asian Other <input type="checkbox"/>

Do you consider yourself to have a disability? (ie Visual impairment, Restricted mobility, Hearing impairment) Yes No

If yes, please specify _____

Lincoln residents only - how do you rate the public leisure provision in your neighbourhood?

Very good Good Neither good nor poor Poor Very Poor

On average, how many times a week do you usually take part in sport or exercise activity (including walking)?

Not at all Once Twice 3-4 times Everyday

Signed: _____ Date: _____

DECLARATION
By signing this form, I declare that I am medically fit and enter at my own risk. The organiser or sponsors will not be held responsible for any injury or illness caused to me during or as a result of the race or for any property lost during the event. I am an amateur as defined by UK Athletics and agree to abide by the rules of UK Athletics. I give my permission for free to use my name, home city, running club, voice or pictures in any broadcast, telecast, advertising promotion or other account of this event including entrants lists displayed on the Council's website.

Please make cheques/P.O for £12.00/£14.00 to "CITY OF LINCOLN COUNCIL"

10k numbers ARE NOT transferable. Lost chips cannot be replaced.

Please include an extra £2.00 per entrant for post, packaging and administration of runners packs: including Race Numbers, Electronic Timing Device, Race Information, Castle Entry Tickets. Baggage Label e.t.c

If you do not wish us to pass your information on to any other parties, please tick this box: