



January 2005  
Dear Team Manager

### **NoEAA Cross Country Championships 2005**

Thank you for your club's entry to the above Championships which will take place on Saturday 29<sup>th</sup> January at Berry Edge, Consett.

#### Car Parking

Car parks will be signposted on approach to the venue. The car park will be open from 8.30am. It is not anticipated that a fee will be charged.

#### Changing facilities

On course tented changing facilities will be available, no shower facilities will be provided. Club tents must be situated in the designated areas which will be clearly signposted.

#### Registration

Registration will be on course, please ensure that the numbers for your club are collected by one designated person who should then distribute the numbers amongst the club athletes. Please ensure that the correct numbers are distributed to each of your athletes.

Please note that the timetable is similar to that used last year with the Junior Men being the final race at 3.30pm.

#### Child Protection / Photography

All cameras/video equipment etc used at the event must be registered with the NoEAA in line with Child Welfare policy. This procedure will take place on the day of the event in a designated area which will be signposted. If any parent has objections to photographs of their children being taken, please inform us. Please note that any photographs may be used for illustration or publicity purposes.

#### Travel Directions

Directions to the park are printed overleaf. The route will be signposted from the A1M (Jct 58) to the course.

If you have any queries please contact us at the NoEAA office on 0870 991 4545  
Any on the day emergency queries related to weather conditions etc should be directed to Matt Frazer on 01325 464822 or 07810 430936 or George Ogle on 0191 440 1561 or 07788 162555. Weather updates and all latest information will be posted on the NoEAA website – [www.noaaa-athletics.org.uk](http://www.noaaa-athletics.org.uk)

Yours sincerely

**Roger Lawton/Simon Williams**  
*Joint Championship Secretaries*

## ***TIMETABLE***

<b><i>Time</i></b>	<b><i>Age Group</i></b>	<b><i>Race Distance</i></b>
11.30am	U17 Men	6km
11.55	U13 Girls	3km
12.10pm	U15 Boys	4km
12.30	Senior Women	8km
1.15	U15 Girls	4km
1.30	U13 Boys	3km
1.45	U17 Women	4.5km
2.10	Senior Men	12km
3.10	U20 Women	6km
3.30	U20 Men	8km

## ***TRAVEL DIRECTIONS***

### **From South:**

A1M to Jct 58 – Darlington / Corbridge A68

Left on to A68 through West Auckland – Toft Hill – Fir Tree – Tow Law – Castleside. At Castleside leave A68 and turn right onto A692 for approximately 1 mile. The road climbs a hill to Consett, at the top of the hill, the course will be visible on the left.

Directions to the course should be mounted at appropriate points from the A1M.

### **From East:**

A19 to A66 to Darlington. Take the A68 from Darlington to West Auckland/ Corbridge and follow route as above.

### **From West:**

A69 to Corbridge – A68 to Castleside and as above.